impulse

Your Wellness Solution Provider

Impulse Health Tech Co. Ltd is a pioneering designer and manufacturer of Fitness equipment.

Its experience manufacturing strength and cardio fitness machines exceeds 35 years, while for over 18 years has been manufacturing the machines of the largest Fitness brandsworldwide.

It's R&D department consists of more than 40 electrical engineers and mechanical engineers, working hard to meet the needs of the modern world of Fitness.

Its experience manufacturing strength and cardio fitness machines exceeds 35 years, while for over 18 years has been manufacturing the machines of the largest Fitness brandsworldwide.

It's R&D department consists of more than 40 electrical engineers and mechanical engineers, working hard to meet the needs of the modern world of Fitness.

Why should I choose Impulse?

- 35 years of experience in equipment manufacturing
- Key manufacturer of many world-renowned brands
- Offering complete packages at competitive prices
- High quality of raw materials
- Designed by leading engineers
- Thousands of gyms around the world trust Impulse
- The very good service of the Greek dealership



impulse

I-zone Line

The Functional Training Zones by Impulse provide customizable and flexible solutions for CrossFit or working out with functional cages. It is paramount for it to be present in your gym and used for group training. The combinations of the series than can be constructed, plus the additional accessories, include: stretching, boxing, rebounder, step, dips and racks.

Whether you're a CrossFitter, or a plyometrics fanatic, or you just want to add some general usage exercises in your program, the I-Zone range has you covered. Take the medicine balls, kettlebells, speed/agility gear or strongman style equipment and raise your training to another level!



Learn more about I-Zone line and the possible combinations at www.amila.gr scan the QR-code



IZ-X Shape

IZ-X Shape

$ 6.024,00

- **Includes:**
  - IZ7002
  - IZ7003
  - IZ7004
  - IZ7005
  - IZ7006
  - IZ7007 (x2)
- Any other pictured product, other than those listed above, is not included.





SPECIFICATIONS

Dimensions: 749x314x245 cm

NET weight: 928,5 kg

Category: F2

IZ-H / IZ-O Shape

IZ-H Shape

$ 5.453,00

- **Includes:**
  - IZ7001
  - IZ7002
  - IZ7003
  - IZ7005
  - IZ7015
- Any other pictured product, other than those listed above, is not included.

IZ-O Shape

$ 5.569,00

- **Includes:**
  - IZ7001
  - IZ7002
  - IZ7003
  - IZ7005
  - Z7014





SPECIFICATIONS

Dimensions: 414x288x245 cm

NET weight: 833,6 kg

Category: F2

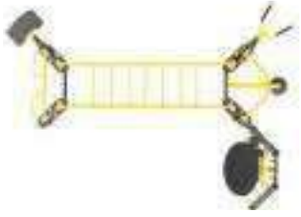
IZ-L Shape

IZ-L Shape
$ 3.177,40

» **Includes:**

IZ7001
IZ7002
IZ7003
IZ7008
IZ7011

» Any other pictured product, other than those listed above, is not included.





SPECIFICATIONS

Dimensions: 480x325x245 cm
NET weight: 462,6 kg
Category: F2

IZ-T Shape

IZ-T Shape
$ 4.777,00

» **Includes:**

IZ7003
IZ7004
IZ7006
IZ7007
IZ7005 DAP

» Any other pictured product, other than those listed above, is not included.

IZ-T Shape
$ 3.222,00

» **Includes:**

IZ7003
IZ7004
IZ7006
IZ7007
IZ7005 Stretch





SPECIFICATIONS

Dimensions: 470x314x245 cm
NET weight: 754,2 kg
Category: F2

IZ-S Shape

$ 3.177,40

» Includes:

IZ7001

IZ7003

IZ7011

» Any other pictured product, other than those listed above, is not included.



SPECIFICATIONS

Dimensions: 325x112x237 cm

NET weight: 283,6 kg

Category: F2

IZ-S Shape



IZ-I Shape

$ 2.161,00

» Includes:

IZ7001

IZ7002

IZ7008

» Any other pictured product, other than those listed above, is not included.



SPECIFICATIONS

Dimensions: 480x166x245 cm

NET weight: 306 kg

Category: F2

IZ-I Shape



IZ7001

$ 870,00

Stretching



SPECIFICATIONS

Dimensions: 165,5x168,3x236,4 cm

NET weight: 127 kg

Category: F2

IZ7002

$ 902,00

» The boxing bag is not included

Box



SPECIFICATIONS

Dimensions: 165,5x112,6x239,0 cm

NET weight: 142 kg

Category: F2

IZ7003

$ 998,00

Rebound



SPECIFICATIONS

Dimensions: 165,5x107,2x234 cm

NET weight: 154 kg

Category: F2

IZ7004

$ 923,00

Half Rack



SPECIFICATIONS

Dimensions: 174,7x140,9x244,3 cm

NET weight: 167 kg

Category: F2



IZ7005
$ 2.425,00

Dap



SPECIFICATIONS
Dimensions: 182,6x75,6x236,5 cm
NET weight: 383 kg
Category: F2

IZ7006
$ 86,00

Connector
For IZ-T & IZ-X



SPECIFICATIONS
Dimensions: 152,8x17,8x20,5 cm
NET weight: 13,9 kg
Category: F2

IZ7011
$ 18,40

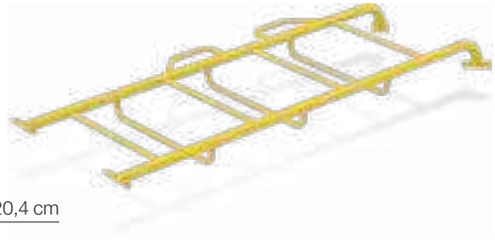
"S" Joint
For S-Shape & L-Shape



SPECIFICATIONS
Dimensions: 17,8x10,0x5,0 cm
NET weight: 2,6 kg
Category: F2

IZ7007
$ 345,00

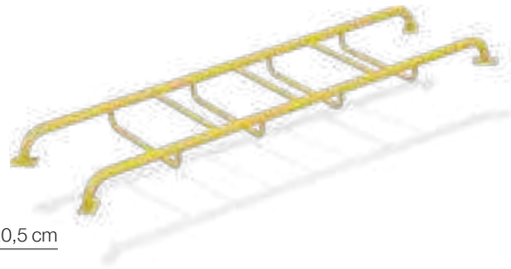
Stair 2
For 4 stations



SPECIFICATIONS
Dimensions: 285,0x111,7x20,4 cm
NET weight: 38,3 kg
Category: F2

IZ7008
$ 389,00

Stair 1
For 2 stations



SPECIFICATIONS
Dimensions: 351,0x101,0x20,5 cm
NET weight: 43 kg
Category: F2

IZ7014
$ 374,00

Stair
For IZ-O



SPECIFICATIONS
Dimensions: 243,5x120,7x20,5 cm
NET weight: 35,6 kg
Category: F2

IZ7015
$ 258,00

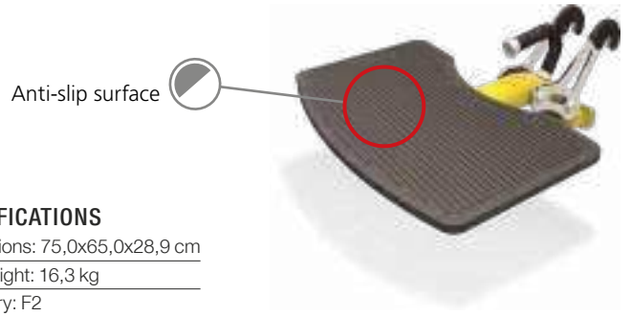
Stair
For IZ-H



SPECIFICATIONS
Dimensions: 240,6x170,4x20,5 cm
NET weight: 53,9 kg
Category: F2

IZ7009
$ 277,30

Step Attachment



SPECIFICATIONS
Dimensions: 75,0x65,0x28,9 cm
NET weight: 16,3 kg
Category: F2

IZ7010
$ 186,90

Dip Attachment



SPECIFICATIONS
Dimensions: 94,0x62,4x28,9 cm
NET weight: 12,6 kg
Category: F2

IZ7012
$ 43,60

Pivot



SPECIFICATIONS
Dimensions: 53,1x12,6x17,8 cm
NET weight: 5,9 kg
Category: F2

IZ7017
$ 136,00

Battle Rope Storage Reel



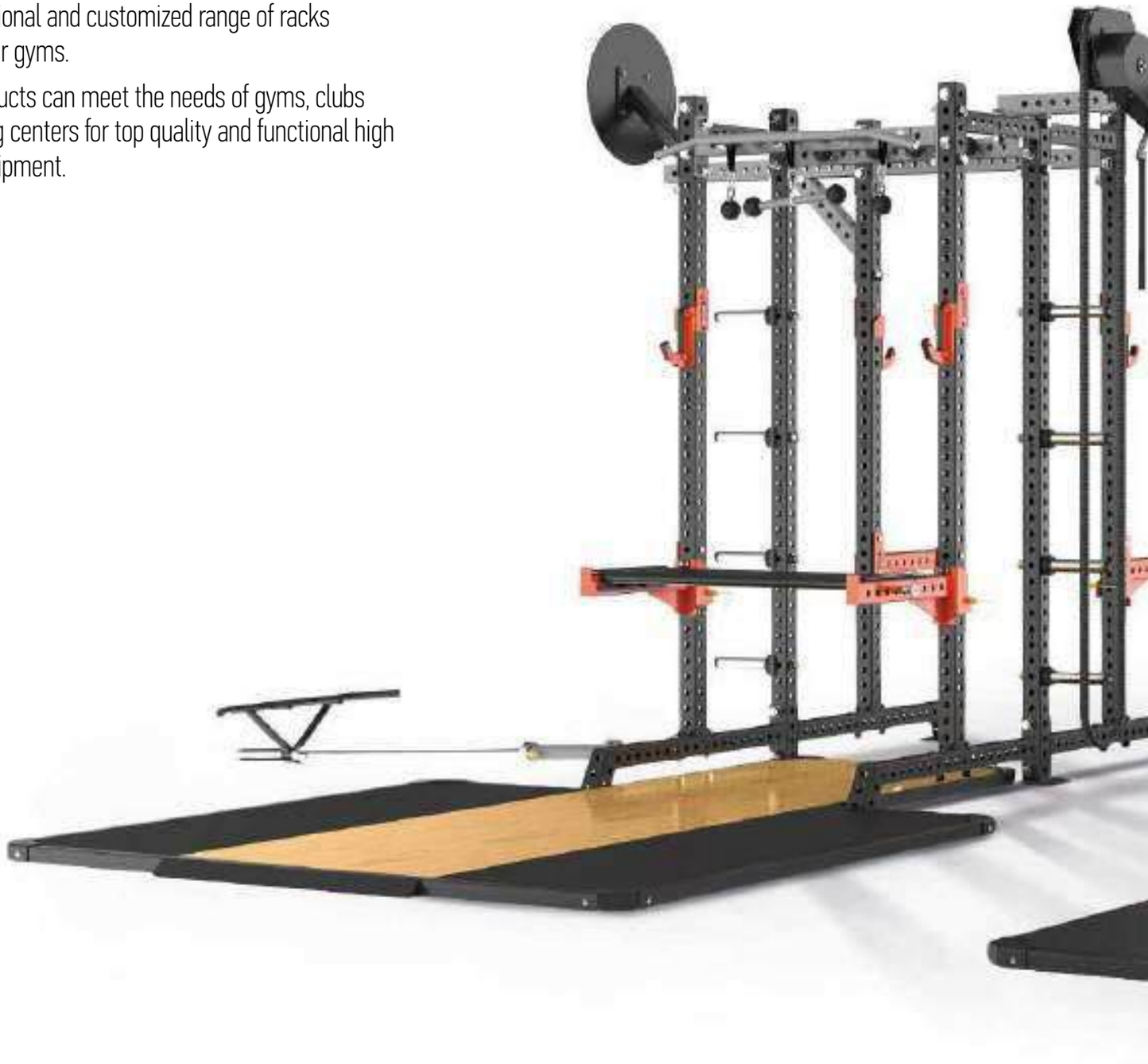
SPECIFICATIONS
Dimensions: 65,0x65,0 cm
NET weight: 24,6 kg
Category: F2

impulse

Mega Space Line

The Mega Space product line consists of specialized, more functional and customized range of racks designed for gyms.

These products can meet the needs of gyms, clubs and training centers for top quality and functional high quality equipment.



Learn more about the MS line and the possible combinations at www.amila.gr scan the QR-code





1

MS00 Stand-Single Storage x 2
MS11 Lat Pulldown / Vertical Row x 2
MS12 Functional Cable Pulley x 2
MS22 Rack Connected Bridge

Dimensions: 497x272,4x261,4 cm

MS00 Stand-Single Storage x 2
MS02 Power Rack x 2
MS11 Lat Pulldown / Vertical Row x 2
MS12 Functional Cable Pulley x 2
MS22 Rack Connected Bridge

Dimensions: 497x453,7x261,4 cm

2





3

MS00 Stand-Single Storage x 2
MS02 Power Rack x 4
MS23 Bumper Plate Storage Connector Between Rack
MS24 Kettlebell Storage Connector Between Rack
MS25 Ball Storage Connector Between Rack
MS26 Dumbbell Storage Connector Between Rack

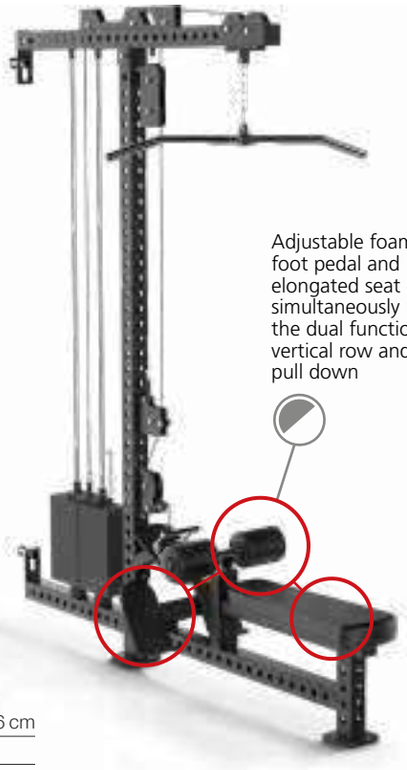
Dimensions: 497x468,4x261,4 cm

LAT Pulldown / Vertical Row

MS11

$ 788,90

- Space saving, on the basis of providing the same use function and custom effect of conventional two single-station strength instruments, greatly saving the space.
- The weight stack is NOT included, you may choose from the ones for IT95 line (p. 338)



Adjustable foam, foot pedal and elongated seat cushion simultaneously meet the dual functions of vertical row and high pull down

SPECIFICATIONS

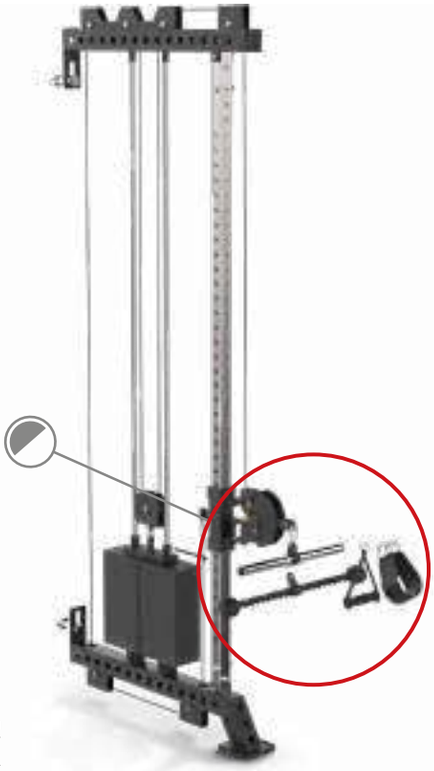
Dimensions: 122,6x216,0x259,6 cm
NET weight: 102 kg
Category: F2

Functional Cable Pulley

MS12

$ 503,50

- Through collocation can be combined into cable crossover
- The weight stack is NOT included, you may choose from the ones for IT95 line (p. 338)



Standard with double end rope, short grip, pull handle, ankle cuff, to meet the needs of different training movements

SPECIFICATIONS

Dimensions: 49,6x131,3x259,9 cm
NET weight: 51,7 kg
Category: F2

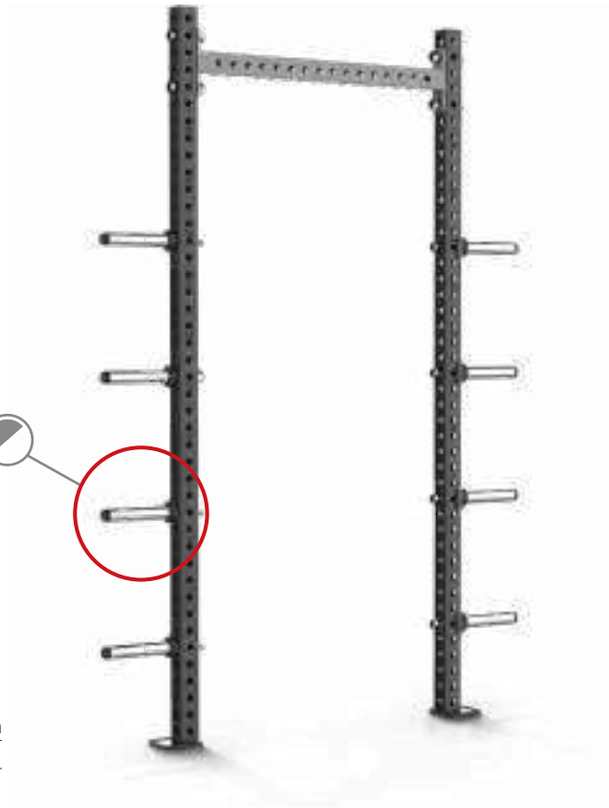
MS00

$ 374,00

ESENTIAL PART

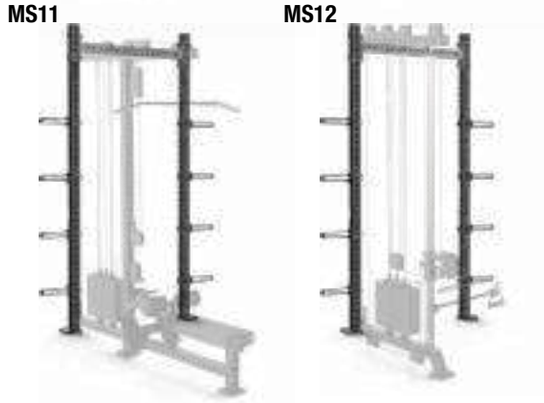
Stand - Single Storage

- Use with MS01 and MS02 racks
- Also connects to MS11 LAT Pulldown/ Vertical Row and MS12 Functional Cable Pulley
- Can be connected with: MS15, MS23, MS24, MS25, MS26



There are 8 groups of weight plate storage units on the left and right sides, which fully meet the weight plate storage requirements





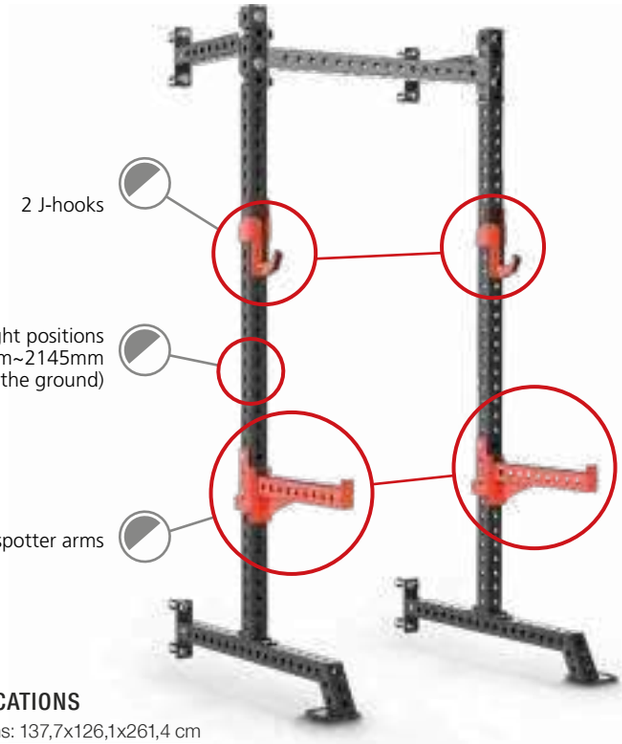
SPECIFICATIONS

Dimensions: 179,0x60,9x261,4 cm
NET weight: 83,4 kg
Category: F2

MS01

$ 736,00

Half Rack



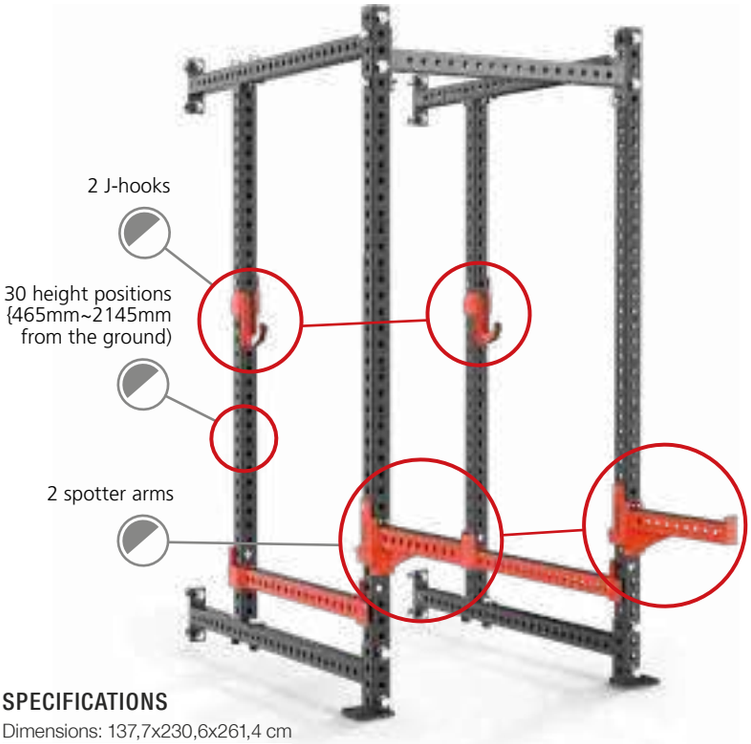
SPECIFICATIONS

Dimensions: 137,7x126,1x261,4 cm
NET weight: 98,3 kg
Category: F2

MS02

$ 1.120,00

Power Rack



SPECIFICATIONS

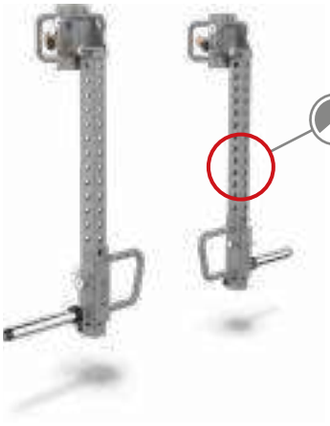
Dimensions: 137,7x230,6x261,4 cm
NET weight: 173 kg
Category: F2

MS13

$ 426,00

Jammer Arms

- Multi-angle handle to meet the needs of different training movements, while the handle is removable and portable.
- No disassembly need, can be adjusted up and down to any height, fixed through the bolt
- Various functions, covering chest, shoulder, back, legs, buttocks and most of the muscle group training movements, and can greatly save space.
- Can be combined with: MS14, MS45 & MS43



The longer arm allows for a more natural movement



SPECIFICATIONS

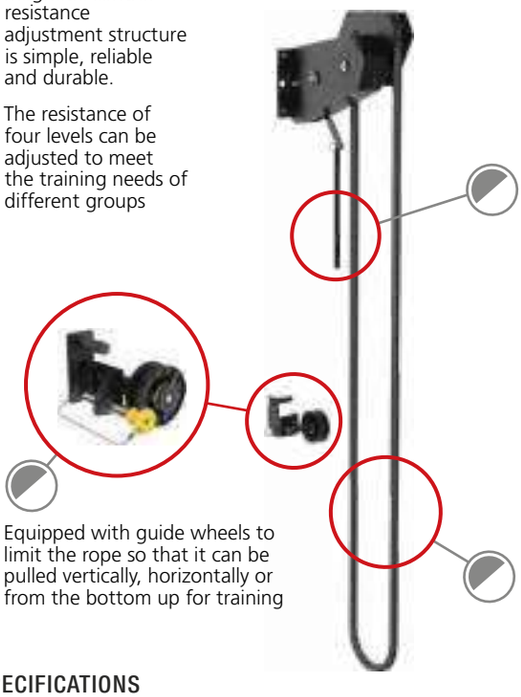
Dimensions: 87,5x36,9x139,5 cm
NET weight: 51 kg
Pieces / Code: 2
Category: F2

MS15

$ 480,00

Endless Rope Trainer

- Magnetic control resistance adjustment structure is simple, reliable and durable.
- The resistance of four levels can be adjusted to meet the training needs of different groups



The resistance adjusting handle is lengthened to meet users of different heights

Equipped with guide wheels to limit the rope so that it can be pulled vertically, horizontally or from the bottom up for training

Polyester rope has a high coefficient of friction, more wear resistant, and better surface feel

Good moisture discharge, not easy to deform

SPECIFICATIONS

Dimensions: 26,6x52,7x53,7 cm
NET weight: 32,9 kg
Category: F2

MS31

Platform

- For use with MS00 and MS01, fixed to the metal frames to ensure being firm and reliable
- Ensures stable support, prevents slip, absorbs shocks, reduces noises and protects the ground



SPECIFICATIONS

Dimensions: 244,6x342,1x5,0 cm
NET weight: 264 kg
Category: F2

CONSTRUCTIONS

Non-slip varnished surface
Bamboo on top layer
Composite wood on bottom layer

MS32

Platform

- For use with MS00 and MS02, fixed to the metal frames to ensure being firm and reliable
- Ensures stable support, prevents slip, absorbs shocks, reduces noises and protects the ground



SPECIFICATIONS

Dimensions: 257,6x382,5x5,4 cm
NET weight: 280 kg
Category: F2

CONSTRUCTIONS

Non-slip varnished surface
Bamboo on top layer
Composite wood on bottom layer

MS29

*****

Central Connected Stand

- Can be used to connect (back-to-back or 4 together) MS11 and MS12 stations to make groups of machines
- There is need to connect the stations to a rack



SPECIFICATIONS

Dimensions: 261,4x16,0x16,0 cm
NET weight: 17,1 kg
Category: F2

MS28

*****

Multi Station Connected Bridge

- Can be used as a horizontal connector to connect groups of stations (MS11 and/or MS12), which groups were make using the verstical MS29 connector
- There is need to connect the stations to a rack



SPECIFICATIONS

Dimensions: 14,5x300,0x7,6 cm
NET weight: 28,5 kg
Category: F2

MS21

$ 94,00

Rack Connected Bridge

- It can be used as a high bridge to connect the top of the power rack, and can be used as a low connector to connect the bottom of the power rack to match the battle rope and other accessories.



SPECIFICATIONS

Dimensions: 205,6x24,0x19,2 cm
NET weight: 17,3 kg
Category: F2

MS22

$ 120,50

Rack Connected Bridge

- It can be used as a high bridge to connect the top of the power rack, and can be used as a low connector to connect the bottom of the power rack to match the battle rope and other accessories.



SPECIFICATIONS

Dimensions: 275,6x24,0x19,2 cm
NET weight: 21,4 kg
Category: F2

HSPCF29

$ 180,00

Triphasic Training Arms

- Can be combined with elastic belt for centripetal, centrifugal, isometric training



SPECIFICATIONS

Dimensions: 72,1x108,1x10,5 cm
NET weight: 32 kg
Pieces / Code: 2
Category: F2

IZCFA16

$ 86,80

Heavy Bag Hanger

- All kinds of sandbags can be hung up to 200kg



SPECIFICATIONS

Dimensions: 96,3x76,2x6,0 cm
NET weight: 12,8 kg
Category: F2

MS26
$ 157,80

Dumbbell Storage Connector Between Rack



SPECIFICATIONS
Dimensions: 212,0x38,5x227,0 cm
NET weight: 24 kg
Category: F2

MS24
$ 220,50

Kettlebell Storage Connector Between Rack



SPECIFICATIONS
Dimensions: 212,0x44,1x10,7 cm
NET weight: 37,5 kg
Category: F2

MS25
$ 98,60

Ball Storage Connector Between Rack



SPECIFICATIONS
Dimensions: 212,0x38,5x10,8 cm
NET weight: 15 kg
Category: F2

MS23
$ 162,00

Bumper Plate Storage Connector Between Rack



SPECIFICATIONS
Dimensions: 212,0x38,5x28,6 cm
NET weight: 20,1 kg
Category: F2

MS41
$ 130,00

Adjustable Utility Platform

- It can be used with the safety bar, and has the function of box jumping
- Anti-slip paint can effectively prevent skid



SPECIFICATIONS
Dimensions: 134,0x40,0x7,7 cm
NET weight: 20 kg
Category: F2

MS44
$ 36,00

Barbell-Utility Platform Storage Attachment

- 2 barbell bar storage positions
- Utility Platform (MS41) storage Position



SPECIFICATIONS
Dimensions: 28,0x24,0x18,0 cm
NET weight: 6 kg
Category: F2

Wall Ball Target

IZCFA12

$ 103,00

* The Wall Balls are not included in the above price of IZCFA12

Combine the target* with the Wall Balls you prefer, according to the material and the weight or make a combination of them, depending on your needs (p. 143-146)





SPECIFICATIONS

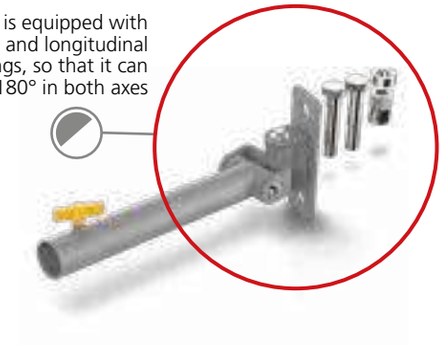
Dimensions: 55,0x24,6x60,8 cm
NET weight: 17,6 kg
Category: F2

Landmine Rack Attachment

HSPCF52

$ 47,20

It is equipped with transverse and longitudinal bearings, so that it can rotate 180° in both axes



SPECIFICATIONS

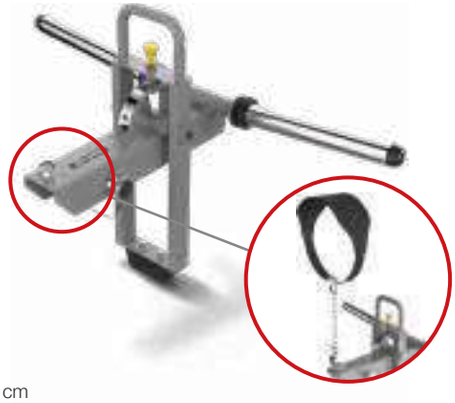
Dimensions: 12,6x53,0x24,0 cm
NET weight: 8 kg
Category: F2

Belt Squat

MS14

$ 188,20

- The hanging angle of the barbell is upturned and lengthened to prevent slipage of the disks.
- Latch fixed to MS13, easy to disassemble.



SPECIFICATIONS

Dimensions: 111,2x55,0x67,7 cm
NET weight: 21,8 kg
Category: F2

Side Storage

MS27

$ 199,00

- Can meet all kinds of ball props such as rhythm ball, wall ball, medicine ball and other storage needs



SPECIFICATIONS

Dimensions: 99,5x41,6x76,3 cm
NET weight: 30,8 kg
Category: F2

Safety Straps

HSPCF49

$ 180,00

- Bar protector in case of fall



SPECIFICATIONS

Dimensions: 115,0x5,0x1,0 cm
NET weight: 10,1 kg
Pieces / Code: 2
Category: F2

Multi Angle Pull Up Handle

HSPCF28

$ 80,00

» A variety of width of grips, and multi-angle to meet the needs of different height users



SPECIFICATIONS

Dimensions: 114,3x32,4x10,9 cm
NET weight: 12,8 kg
Category: F2

Tricep Dip Attachment

HSPCF42

$ 90,90

» When not in use, the latch can be pulled out and vertically fixed and stored on the main frame.



SPECIFICATIONS

Dimensions: 64,9x77,9x25,0 cm
NET weight: 10,1 kg
Category: F2

Farmer's Walk Bar

MS7042

*****



SPECIFICATIONS

Dimensions: 144,0x16,9x7,6 cm
NET weight: 15,2 kg
Category: F2

T-Bar Row Handle

MS7043

*****



SPECIFICATIONS

Dimensions: 90,8x25,7x20,5 cm
NET weight: 4,4 kg
Category: F2

Barbell Lifter

MS7041

*****



SPECIFICATIONS

Dimensions: 78,1x61,8x90,5 cm
NET weight: 11,2 kg
Category: F2

Power Sled

MS7048

*****



SPECIFICATIONS

Dimensions: 104,0x70,2x92,2 cm
NET weight: 27,9 kg
Category: F2

Foam Roller Pads

MS45

BCMS11500MS

- It can be placed inside the MS13 Jammer Arm for hip bridge



SPECIFICATIONS

Dimensions: 55,9 cm
NET weight: 7,3 kg
Pieces / Code: 2
Category: F2

Adjustable Utility Pins

MS43

$ 73,00

- At the same time, they can be used for elastic band training



SPECIFICATIONS

Dimensions: 59,0 cm
NET weight: 6,8 kg
Pieces / Code: 2
Category: F2

J Hook Attachment

HSPCF54

$ 105,90

- Used to place the bar before/ after exercising



SPECIFICATIONS

Dimensions: 22,4x29,6x22,4 cm
NET weight: 6,8 kg
Pieces / Code: 2
Category: F2

Battle Rope Anchor

HSPCF51

$ 22,30

- Used as a fixed point for the battle rope when training



SPECIFICATIONS

Dimensions: 7,0x15,2x18,0 cm
NET weight: 2,1 kg
Category: F2

Ball Grip Attachment

HSPCF59

$ 78,20

- Gripping strength training attachment
- Three different grips



SPECIFICATIONS

Dimensions: 20,7/32,1/44,3x20,9x7,6 cm
NET weight: 7,8 kg
Pieces / Code: 7
Category: F2

Resistant Band Anchor

HSPCF47

$ 60,90

- Serve as elastic belt hangpoints to meet advanced strength training



SPECIFICATIONS

Dimensions: 30,5 cm
NET weight: 6,2 kg
Pieces / Code: 4
Category: F2

impulse

[SE] Sterling Elite Series

The Sterling Elite series offers maximum flexibility and highly commercial exercise solutions with its customizable modular design.

The wide variety of combinations that can be achieved with the series' machines meet the special needs of training centers, gyms, as well as studios looking for strength training or CrossFit equipment.

They are made from thicker tubing and more durable materials than the SL series, ensuring you stay safe and get the most out of your workout.



Learn more about the SE line and the possible combinations at www.amila.gr scan the QR-code





1

SE5001 Half Rack
SE5011 Stand-Single Storage
SE5031 Platform

SE5002 Power Rack
SE5011 Stand-Single Storage
SE5031 Platform

2





3

SE5001 Half Rack
SE5002 Power Rack
SE5012 Combo Storage-Single

SE5002 Power Rack x 2
SE5012 Combo Storage-Single

4





5

SE5001 Half Rack
SE5002 Power Rack
SE5011 Stand-Single Storage x 2
SE5025 Ball Storage Connector
SE5024 Free Storage Connector
SE5021 Rack Connector / Multi-Grip

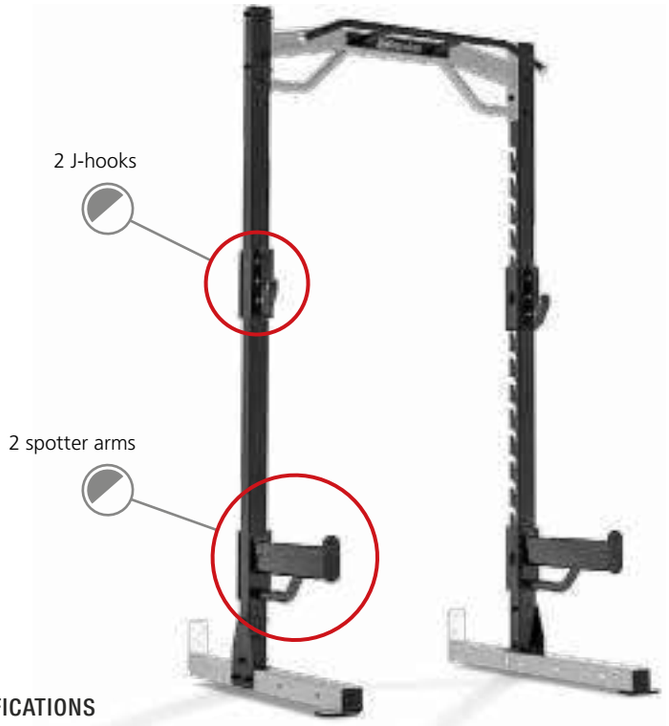
SE5001 Half Rack x 3
SE5002 Power Rack
SE5012 Combo Storage-Single x 2
SE5025 Ball Storage Connector
SE5024 Free Storage Connector
SE5023 Bumper Plate Storage Connector
SE5021 Rack Connector / Multi-Grip
SE5031 Platform

6



Half Rack

SE5001
$ 692,00



SPECIFICATIONS
Dimensions: 133,8x130,1x247,6 cm
NET weight: 118,3 kg
Category: F2

Power Rack

SE5002
$ 945,50



SPECIFICATIONS
Dimensions: 133,8x196,8x247,6 cm
NET weight: 193,3 kg
Category: F2

Stand-Single Storage

SE5011
$ 269,00



SPECIFICATIONS
Dimensions: 184,2x56,3x246,6 cm
NET weight: 64,4 kg
Category: F2

Combo Storage-Single

SE5012
$ 305,00



SPECIFICATIONS
Dimensions: 184.2x103,1x246,6 cm
NET weight: 73,4 kg
Category: F2

SE5021 — Rack Connector / Multi-Grip

$ 128,00



SPECIFICATIONS

Dimensions: 190,0x22,5x23,0 cm
NET weight: 19,5 kg
Category: F2

SE5022 — Rack Connector-Thick Straight

$ 43,00



SPECIFICATIONS

Dimensions: 190,0x7,6x23,0 cm
NET weight: 8 kg
Category: F2

SE5023 — Bumper Plate Storage Connector

$ 116,00



SPECIFICATIONS

Dimensions: 190,0x7,6x23,0 cm
NET weight: 24,5 kg
Category: F2

SE5024 — Free Storage Connector

$ 192,00



SPECIFICATIONS

Dimensions: 190,0x43,2x17,1 cm
NET weight: 36,5 kg
Category: F2

SE5025 — Ball Storage Connector

$ 65,00



SPECIFICATIONS

Dimensions: 190,0x28,0x26,0 cm
NET weight: 14 kg
Category: F2

SE5043 — Spotter Stands

$ 163,00



SPECIFICATIONS

Dimensions: 40,0x23,5x44,2 cm
NET weight: 24 kg
Pieces / Code: 2
Category: F2

Dip Attachment

HZ7010
$ 109,00



SPECIFICATIONS
Dimensions: 62,5x94,6x33,9 cm
NET weight: 12,6 kg
Category: F2

Step Attachment

HZ7009
$ 204,00



SPECIFICATIONS
Dimensions: 66,1x77,3x33,8 cm
NET weight: 16,3 kg
Category: F2

Pivot

IZ7012
$ 43,60

» Can be used ONLY with SE5002



SPECIFICATIONS
Dimensions: 12,6x53,0x28,9 cm
NET weight: 5,9 kg
Category: F2

Band Pegs

SE5041
$ 22,00



SPECIFICATIONS
Dimensions: 32,5x10,1x5,0 cm
NET weight: 4,5 kg
Pieces / Code: 2
Category: F2

Battle Rope Attachment

HZ7008
$ 20,10



SPECIFICATIONS
Dimensions: 17,8x12,9x6,0 cm
NET weight: 1,4 kg
Category: F2

Reverse J-Hooks

SE5042
$ 87,00



SPECIFICATIONS
Dimensions: 9,5x25,2x25,0 cm
NET weight: 13,7 kg
Pieces / Code: 2
Category: F2

impulse

H-Zone Line

Specially designed to provide flexibility and functionality, allows you to use the full area of your gym, even curved, narrow and difficult to access areas.

All stations can be securely attached to the wall.



Learn more about the HZ line and the possible combinations at www.amila.gr scan the QR-code



Two connectors offering full flexibility and adaptability, even in the most demanding areas

Multi-Function Connector

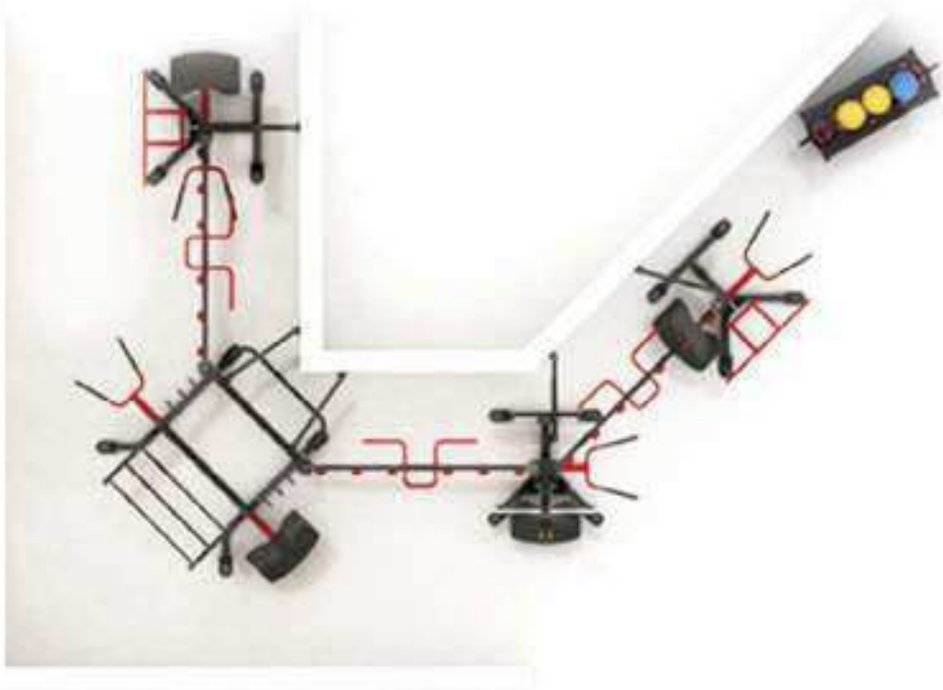
The HZ7004 multifunctional connector allows the flexible connection of the stations to it, giving you the freedom to combine the stations and their accessories any way you like





Wall Connector

The HZ7006 wall connector, due to its rotatable fixing plates, allows the fixation of the stations to any wall in any angle, offering superb stability







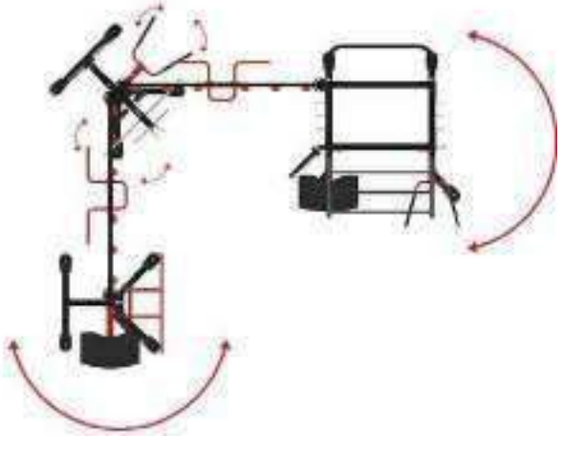




Impulse inovated to maximize the usability of the Rack και Hi-Low pulley stations









1

HZ7002 Hi-Low Pulley Station x 2
HZ7004 Multi-Function Connector

HZ7001 Power Rack Station
HZ7002 Hi-Low Pulley Station
HZ7003 Multi-Function Station
HZ7004 Multi-Function Connector x 2

2





3

HZ7001 Power Rack Station
HZ7002 Hi-Low Pulley Station
HZ7003 Multi-Function Station
HZ7004 Multi-Function Connector x 2

HZ7010
$ 109,00

Dip Attachment



SPECIFICATIONS
Dimensions: 62,5x94,6x33,9 cm
NET weight: 12,6 kg
Category: F2

HZ7009
$ 204,00

Step Attachment



SPECIFICATIONS
Dimensions: 66,1x77,3x33,8 cm
NET weight: 16,3 kg
Category: F2

IZ7012
$ 43,60

Pivot



SPECIFICATIONS
Dimensions: 12,6x53,0x28,9 cm
NET weight: 5,9 kg
Category: F2

HZ7008
$ 20,10

Battle Rope Attachment



SPECIFICATIONS
Dimensions: 17,8x12,9x6,0 cm
NET weight: 1,4 kg
Category: F2

HZ7001
$ 960,00

Power Rack Station



SPECIFICATIONS
Dimensions: 173,7x172,3x255,8 cm
NET weight: 180,0 kg
Category: F2

HZ7002
$ 540,00

Hi-Low Pulley Station



SPECIFICATIONS
Dimensions: 110,6x110,9x241,3 cm
NET weight: 82 kg
Category: F2

HZ7004
$ 132,00

Multi-Function Connector



SPECIFICATIONS
Dimensions: 228,4x45,3x20,3 cm
NET weight: 30 kg
Category: F2

HZ7006
$ 28,00

Wall Connector



SPECIFICATIONS
Dimensions: 86,6x20,0x7,5 cm
NET weight: 6 kg
Category: F2

impulse

SL Line

Ease of Use - Pretty Appearance

SL line boasts a high quality construction for commercial use with user friendly design, which makes working out more simple, efficient, comfortable and satisfying.

Compact design, demanding the least possible space, while the resistance is adjusted by adding/removing disks.





Learn more about the SL line at www.amila.gr scan the QR-code

Muscle groups:
Main Secondary

SL7042
$ 2.460,00

Magic Rack / Smith Machine



SPECIFICATIONS
Dimensions: 232x224x239 cm
NET weight: 313 kg
Weight capacity: 300 kg
Category: F2

SL7009
$ 1.195,00

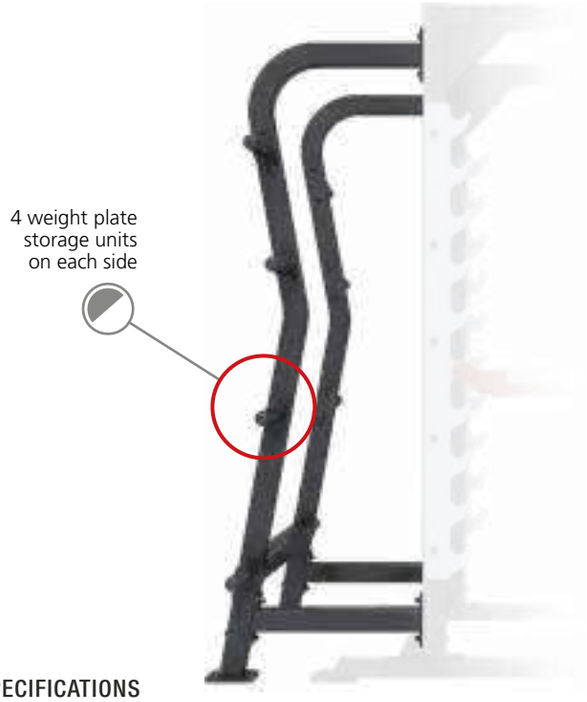
Power Rack



SPECIFICATIONS
Dimensions: 203x150x228 cm
NET weight: 200 kg
Weight capacity: 400 kg
Category: F2

SL7009OPT
$ 364,00

Weight Plate Rack Option



SPECIFICATIONS
Dimensions: 167x72x220 cm
NET weight: 63,5 kg
Category: F2

SL7014

$ 815,00

Half Rack



SPECIFICATIONS

Dimensions: 139x175x244 cm
NET weight: 153 kg
Weight capacity: 400 kg
Category: F2

SL7015

$ 1.065,00

Full Rack



SPECIFICATIONS

Dimensions: 197x175x244 cm
NET weight: 216 kg
Weight capacity: 400 kg
Category: F2

SL7011
$ 295,00

FID Bench



SPECIFICATIONS
Dimensions: 150x66x136 cm
NET weight: 44 kg
Weight capacity: 150 kg
Category: F2

SL7012
$ 355,00

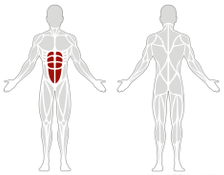
FID Bench



SPECIFICATIONS
Dimensions: 155x67x135 cm
NET weight: 47 kg
Weight capacity: 150 kg
Category: F2

SL7043
$ 415,00

Multi AB Bench





SPECIFICATIONS
Dimensions: 63,0x172,2x91,2 cm
NET weight: 54 kg
Weight capacity: 150 kg
Category: F2

SL7035
$ 191,00

Flat Bench



SPECIFICATIONS
Dimensions: 135x123x151 cm
NET weight: 25.3 kg
Category: F2

Utility Bench

SL7022
$ 177,00



SPECIFICATIONS
Dimensions: 119x63x82,2 cm
NET weight: 27.8 kg
Category: F2

Plate Rack

SL7010
$ 295,00



SPECIFICATIONS
Dimensions: 89x62,8x122,8 cm
NET weight: 44 kg
Category: F2

Barbell Rack

SL7027
*****

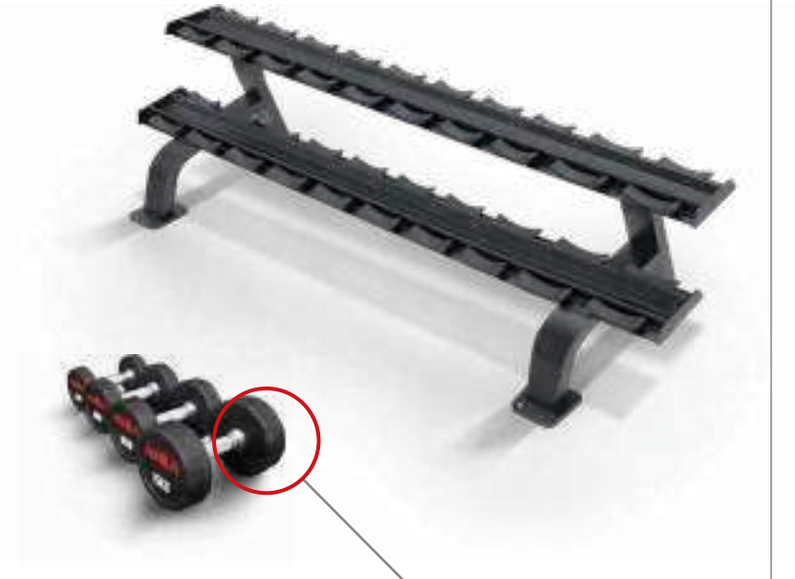


SPECIFICATIONS
Dimensions: 95,0x91,0x161,2 cm
NET weight: 73,0 kg
Category: F2

Dumbbell Rack

SL7016
$ 474,50

* The pictured dumbbells are not included in the price



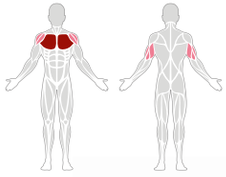
SPECIFICATIONS
Dimensions: 123x119x151 cm
NET weight: 124 kg
Category: F2

Combine the Dumbbell Rack* by choosing the dumbbells you like according to their material and weight (p. 118-121)

Chest Press

SL7001

$ 1.130,00





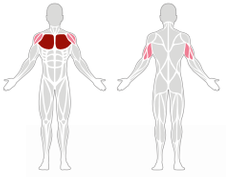
SPECIFICATIONS

Dimensions: 198,0x137,5x171,8 cm
NET weight: 171 kg
Weight capacity: 300 kg
Category: F2

Incline Chest Press

SL7005

$ 1.195,00





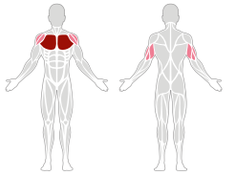
SPECIFICATIONS

Dimensions: 207,2x152,3x176,5 cm
NET weight: 184 kg
Weight capacity: 300 kg
Category: F2

Iso-Lateral Super Chest Press

SL7046

$ 1.340,00





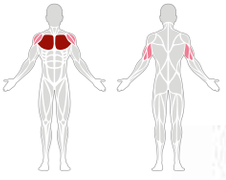
SPECIFICATIONS

Dimensions: 217,1x249,2x113,2 cm
NET weight: 148kg
Weight capacity: 150 kg
Category: F2

Standing Press

SL7039

*****



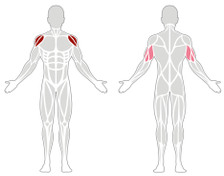


SPECIFICATIONS

Dimensions: 217,1x200,0x213,5 cm
NET weight: 181.4kg
Weight capacity: 300 kg
Category: F2

Shoulder Press

SL7003
$ 1.120,00

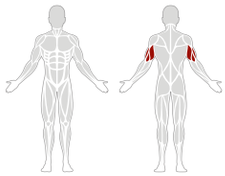




SPECIFICATIONS
Dimensions: 175,4x154,5x148,2 cm
NET weight: 171 kg
Weight capacity: 300 kg
Category: F2

Tricep Dip

SL7024
$ 1.155,00

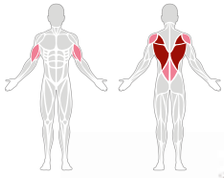




SPECIFICATIONS
Dimensions: 157,8x173,1x120,4 cm
NET weight: 166 kg
Weight capacity: 300 kg
Category: F2

Row

SL7007
$ 1.094,00

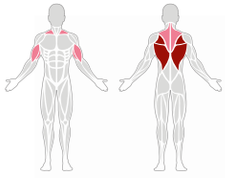




SPECIFICATIONS
Dimensions: 145,5x181,5x133,4 cm
NET weight: 160 kg
Weight capacity: 300 kg
Category: F2

Pulldown

SL7002
$ 1.132,00

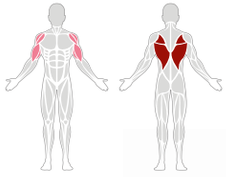


SPECIFICATIONS
Dimensions: 140,8x165,9x197,3 cm
NET weight: 169 kg
Weight capacity: 300 kg
Category: F2

Low Row

SL7004

$ 1.168,00





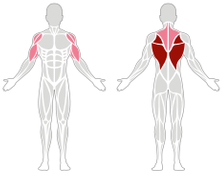
SPECIFICATIONS

Dimensions: 152,6x176,1x165,2 cm
NET weight: 170 kg
Weight capacity: 300 kg
Category: F2

Incline Row

SL7019

$ 592,00





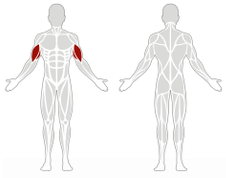
SPECIFICATIONS

Dimensions: 104,8x196,3x126,2 cm
NET weight: 89 kg
Weight capacity: 150 kg
Category: F2

Arm Curl

SL7018

$ 456,50





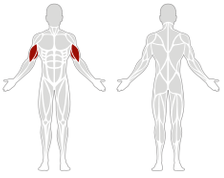
SPECIFICATIONS

Dimensions: 114x86x102 cm
NET weight: 70 kg
Weight capacity: 300 kg
Category: F2

Bicep Curl

SL7023

$ 885,00



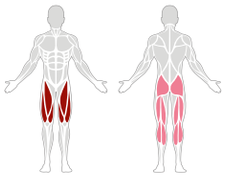


SPECIFICATIONS

Dimensions: 104,5x149,4x119,9 cm
NET weight: 114 kg
Weight capacity: 120 kg
Category: F2

Reverse Leg Press

SL7020
$ 2.182,00

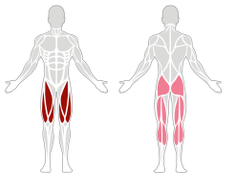




SPECIFICATIONS
Dimensions: 193,3x246,1x153,4 cm
NET weight: 249 kg
Weight capacity: 450 kg
Category: F2

Hack Squat

SL7021
$ 1.718,00

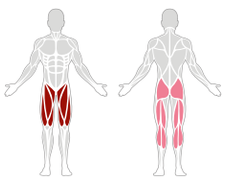




SPECIFICATIONS
Dimensions: 188,0x220,6x128,6 cm
NET weight: 236 kg
Weight capacity: 400 kg
Category: F2

Leg Press

SL7006
$ 1.238,00

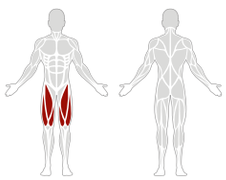




SPECIFICATIONS
Dimensions: 142,1x226,6x141,5 cm
NET weight: 195 kg
Weight capacity: 400 kg
Category: F2

Leg Extension

SL7025
$ 1.030,00



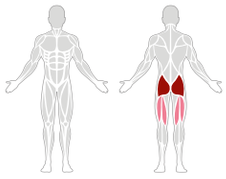


SPECIFICATIONS
Dimensions: 169,0x134,5x103,7 cm
NET weight: 131 kg
Weight capacity: 300 kg
Category: F2

Total Hip

SL7038

$ 755,00





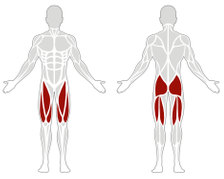
SPECIFICATIONS

Dimensions: 160,8x161,8x110,6 cm
NET weight: 115 kg
Weight capacity: 150 kg
Category: F2

Squat Lunge

SL7040

$ 760,00





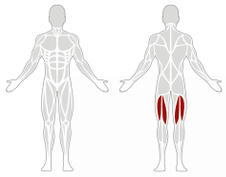
SPECIFICATIONS

Dimensions: 169,4x166,8x63,6 cm
NET weight: 123 kg
Weight capacity: 300 kg
Category: F2

Leg Curl

SL7026

$ 1.058,00





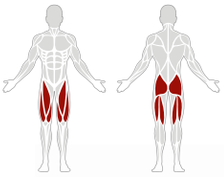
SPECIFICATIONS

Dimensions: 130,0x152,7x140,6 cm
NET weight: 141 kg
Weight capacity: 120 kg
Category: F2

Belt Squat

SL7055

$ 1.025,00



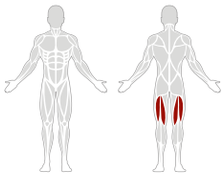


SPECIFICATIONS

Dimensions: 197,2x151,1x113,7 cm
NET weight: 146 kg
Weight capacity: 300 kg
Category: F2

Assisted Nordic Ham

SL7051
$ 650,00

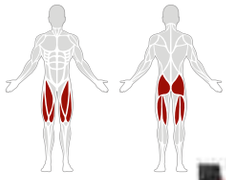




SPECIFICATIONS
Dimensions: 164,8x132,3x168,4 cm
NET weight: 101 kg
Weight capacity: 100 kg
Category: F2

Pendulum Squat

SL7057
$ 1.050,00

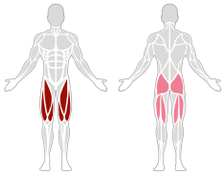




SPECIFICATIONS
Dimensions: 225,2x131,4x167,5 cm
NET weight: 250 kg
Weight capacity: 200 kg
Category: F2

Squat

SL7034
$ 1.385,00

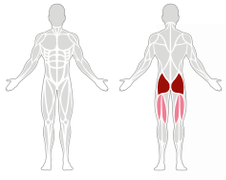




SPECIFICATIONS
Dimensions: 155,5x230,2x126,6 cm
NET weight: 212 kg
Weight capacity: 400 kg
Category: F2

Rear Kick

SL7008
$ 958,00



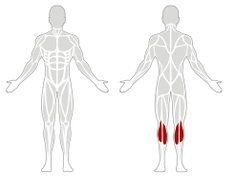


SPECIFICATIONS
Dimensions: 129,9x168,0x163,8 cm
NET weight: 144 kg
Weight capacity: 150 kg
Category: F2

Standing Calf Raise

SL7032

$ 1.005,00



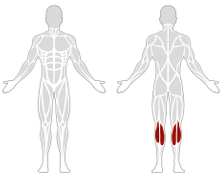
SPECIFICATIONS

Dimensions: 160,5x148,5x181,3 cm
NET weight: 146 kg
Weight capacity: 300 kg
Category: F2

Seated Calf Raise

SL7017

$ 395,00





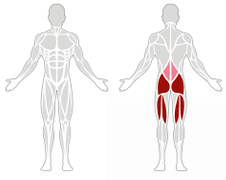
SPECIFICATIONS

Dimensions: 75,7x147,5x84,4 cm
NET weight: 56 kg
Weight capacity: 150 kg
Category: F2

Glute Ham Bench

SL7013

$ 548,00





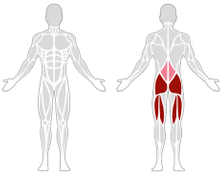
SPECIFICATIONS

Dimensions: 89,9x155,9x148,2 cm
NET weight: 70 kg
Weight capacity: 150 kg
Category: F2

Multi Hyper Extension

SL7047

$ 419,50





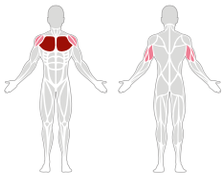
SPECIFICATIONS

Dimensions: 94,7x134,0x87,2 cm
NET weight: 55 kg
Weight capacity: 150 kg
Category: F2

Incline Bench

SL7029

$ 776,00





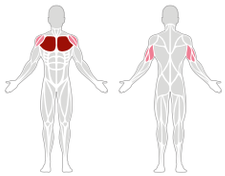
SPECIFICATIONS

Dimensions: 171,8x205,9x149,6 cm
NET weight: 113 kg
Weight capacity: 300 kg
Category: F2

Decline Bench

SL7030

$ 695,00





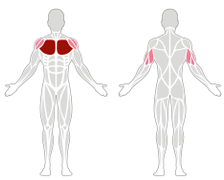
SPECIFICATIONS

Dimensions: 171,8x237,0x131,5 cm
NET weight: 110 kg
Weight capacity: 300 kg
Category: F2

Super Olympic Bench

SL7041

$ 1.141,00





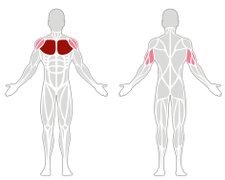
SPECIFICATIONS

Dimensions: 241,0x174,3x162,2 cm
NET weight: 141 kg
Weight capacity: 300 kg
Category: F2

Flat Bench

SL7028

$ 647,00





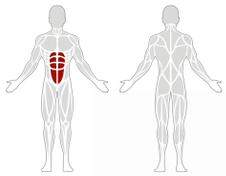
SPECIFICATIONS

Dimensions: 173,8x191,0x131,5 cm
NET weight: 112 kg
Weight capacity: 300 kg
Category: F2

Abdominal

SL7036

$ 1.058,00





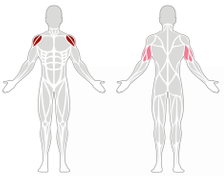
SPECIFICATIONS

Dimensions: 134,4x126,7x164,2 cm
NET weight: 132 kg
Weight capacity: 120 kg
Category: F2

Shoulder Bench Press

SL7031

$ 988,00





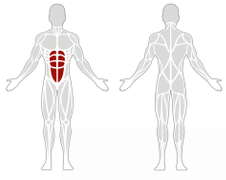
SPECIFICATIONS

Dimensions: 171,9x126,1x192,0 cm
NET weight: 147 kg
Weight capacity: 400 kg
Category: F2

Vertical Knees Raise / Dip Stand

SL7045

$ 455,00





SPECIFICATIONS

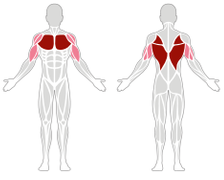
Dimensions: 76,5x118,9x153,7 cm
NET weight: 74 kg
Weight capacity: 150 kg
Category: F2

Chin-up and Dip

(add-on of SL7045)

SL7045OPT

$ 175,00





SPECIFICATIONS

Dimensions: 113,0x118,9x238,7 cm
NET weight: 32 kg
Weight capacity: 150 kg
Category: F2

ECP Line

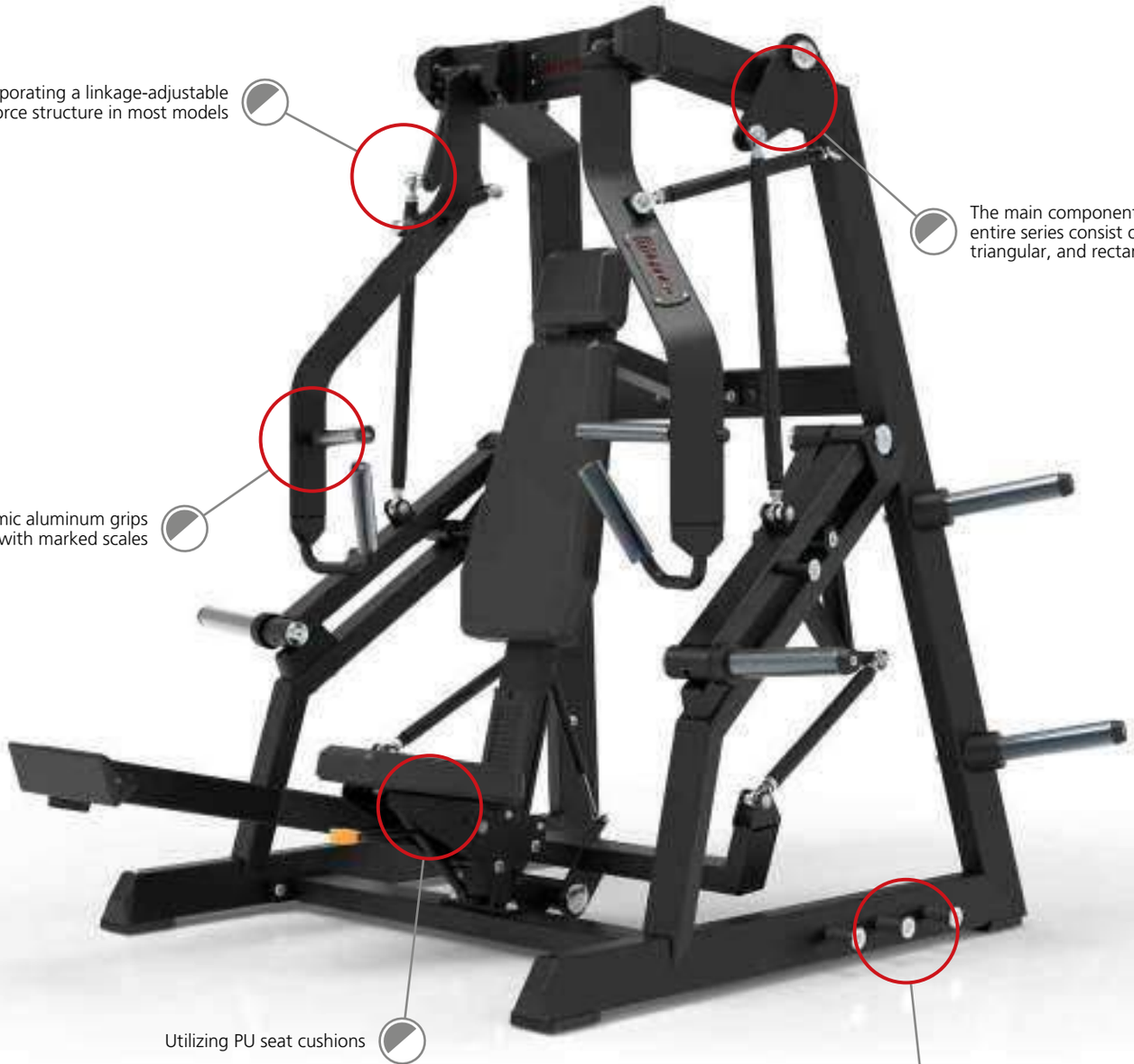
Ease of use, effective training and safety

The EVOLUTION CURVE series by Impulse represents a groundbreaking line of plate-loaded strength machines, developed from 30 years of expertise in strength training coupled with the latest demands in the field.

Incorporating a linkage-adjustable force structure in most models, these machines are tailored to match the strength curve characteristics of specific muscle groups, ensuring user comfort, training efficiency, and safety throughout the workout.



- The maintenance-free feature of plate-loaded machines: The entire ECP series is designed with maintenance-free features. The training handles are made of aluminum and the hanging rods are constructed of stainless steel. This design minimizes the use of easily damaged materials such as plastics, reducing economic expenditures for end customers on maintenance.
- Each product is equipped with elastic band attachment points and storage slots, enabling progressive resistance training for a variety of workout options.
- To provide strength trainers with an exceptional visual sense of power, the main components of the entire series consist of trapezoidal, triangular, and rectangular tubes. The use of angular-shaped tubes enhances the visual experience of strength training.
- Utilizing PU seat cushions meets both environmental and comfort requirements. The entire series features foot pedals coated with anti-slip paint and embedded anti-slip rubber, enhancing training experience and safety while achieving maintenance-free operation.



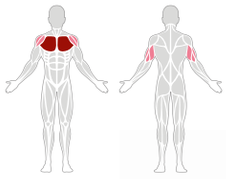
Learn more about the ECP line at www.amila.gr scan the QR-code

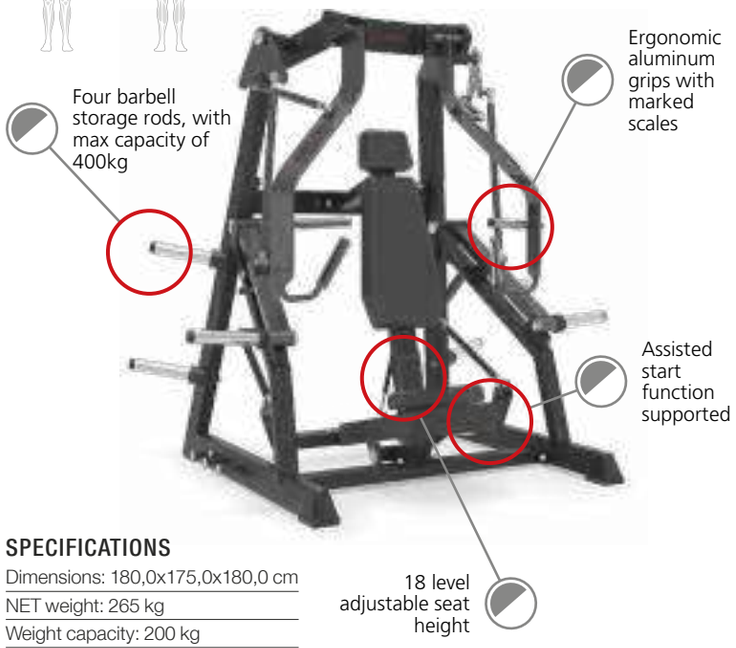
Muscle groups:
Main Secondary

ECP201

$ 1.695,00

Chest Press





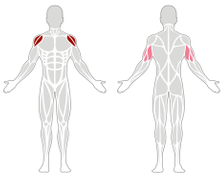
SPECIFICATIONS

Dimensions: 180,0x175,0x180,0 cm
NET weight: 265 kg
Weight capacity: 200 kg
Category: F2

ECP101

$ 1.370,00

Shoulder Press



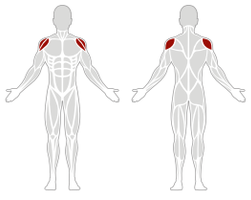
SPECIFICATIONS

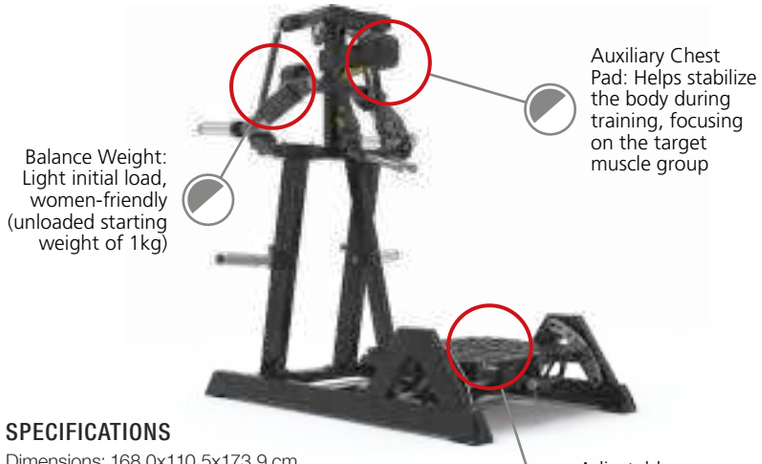
Dimensions: 163,8x151,5x145,5 cm
NET weight: 215 kg
Weight capacity: 200 kg
Category: F2

ECP103

*****

Standing Lateral Raise





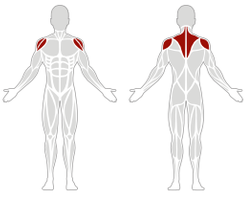
SPECIFICATIONS

Dimensions: 168,0x110,5x173,9 cm
NET weight: 240 kg
Weight capacity: 200 kg
Category: F2

ECP504

*****

French Press

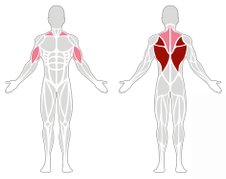


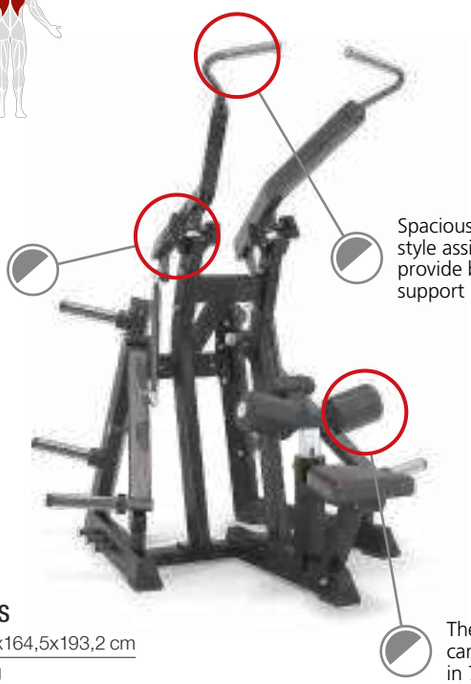
SPECIFICATIONS

Dimensions: 191,5x169,9x138,6 cm
NET weight: 270 kg
Weight capacity: 120 kg
Category: F2

ECP301 — Pulldown

$ 1.205,00





Split-function design caters to unilateral and bilateral training needs

Spacious handrail-style assist handles provide better support for users

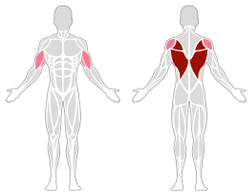
The leg foam can be adjusted in 7 levels

SPECIFICATIONS

Dimensions: 174,5x164,5x193,2 cm
NET weight: 210 kg
Weight capacity: 200 kg
Category: F2

ECP306 — Pullover

*****



Ergonomic Handles: Elbow support and handgrip support for training

Balance Weight: Women-friendly, light initial load (starting at 2kg when unloaded)

Weight Adjustment Disc: Optimized strength curve for better starting and peak contraction weight



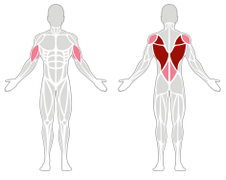
Assisted Start: Safe position to start and end training

SPECIFICATIONS

Dimensions: 162,0x135,5x145,6 cm
NET weight: 270 kg
Weight capacity: 120 kg
Category: F2

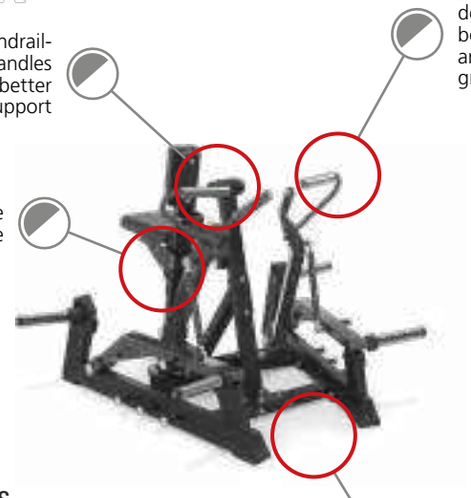
ECP302 — Seated Row

$ 1.225,00



Dual-handle design with both overhand and underhand grips

Spacious handrail-style assist handles provide better support



4 level adjustable chest pad angle

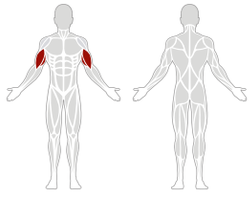
Low entry design for easy access

SPECIFICATIONS

Dimensions: 160,0x180,0x110,0 cm
NET weight: 190 kg
Weight capacity: 120 kg
Category: F2

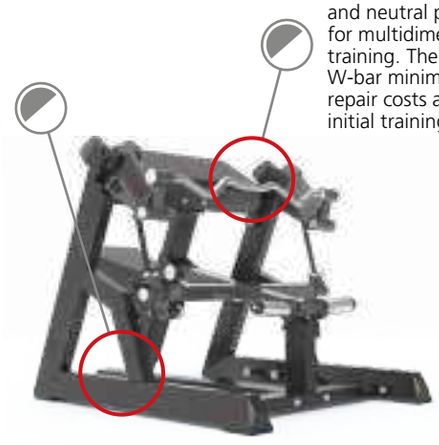
ECP501 — Seated Biceps

*****



W-Bar Design: Allows various modes of wrist rotation and neutral positioning for multidimensional bicep training. The aluminum W-bar minimizes after sales repair costs and reduces the initial training weight

Hidden Weight Adjustment Disc: Adjusts the resistance to match the bicep muscle strength curve



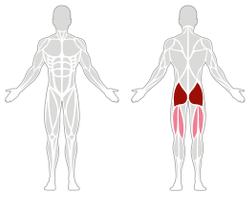
SPECIFICATIONS

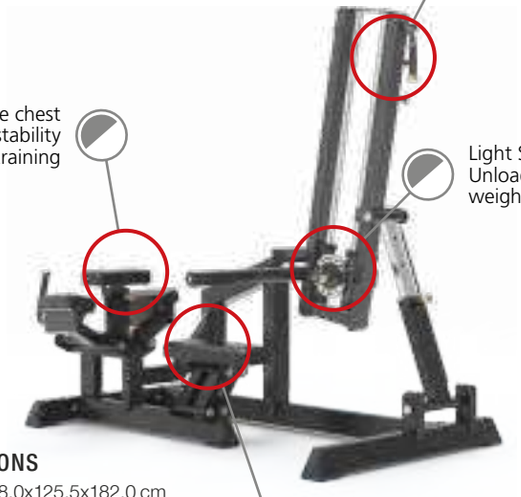
Dimensions: 135,5x108,8x97,0 cm
NET weight: 140 kg
Weight capacity: 100 kg
Category: F2

ECP625

*****

Kneel Glute Kickback





Adjustable Track: Three adjustable angles (45/60/80°) for targeted glute and hamstring training. Equipped with an air cylinder for easy adjustment

Adjustable chest pad ensures stability during training

Light Start Load: Unloaded starting weight of 15.5kg

Adjustable footrest and elbow pad to accommodate users of different heights and starting positions

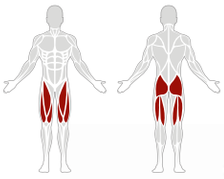
SPECIFICATIONS

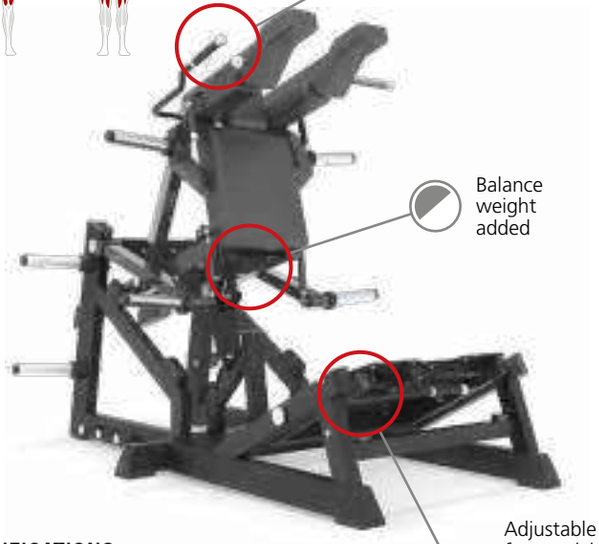
Dimensions: 198,0x125,5x182,0 cm
NET weight: 230 kg
Weight capacity: 100 kg
Category: F2

ECP713

$ 1.990,00

Squat





Convenient dual-sided handle adjustments

Balance weight added

Adjustable foot pedal angle with six settings and a spacious platform (750x665mm)

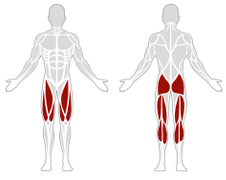
SPECIFICATIONS

Dimensions: 230,0x126,0x179,0 cm
NET weight: 330 kg
Weight capacity: 400 kg
Category: F2

ECP617

$ 1.965,00

Hack Squat





Dual-purpose design with both shoulder and waist carrying options

Adjustable safety limit to effectively protect users

Adjustable foot pedal angle with 4 levels from 35° to 50°

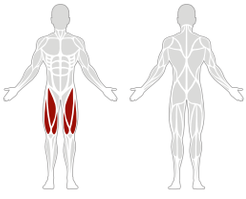
SPECIFICATIONS

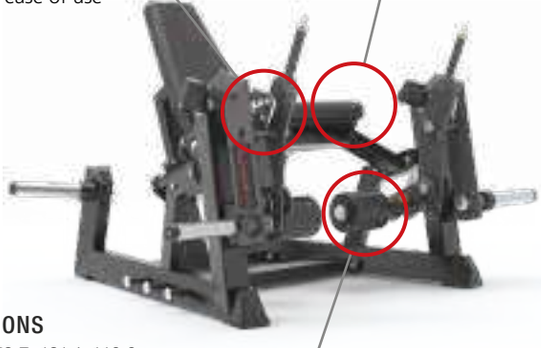
Dimensions: 218,5x129,0x141,6 cm
NET weight: 315 kg
Weight capacity: 400 kg
Category: F2

ECP605

*****

Seated Leg Extension





Detachable seat cushion for lower after-sales cost

Three starting position adjustments to accommodate various training angles and ease of use

Adjustable tibia pad (5 positions) and backrest to cater to different height users

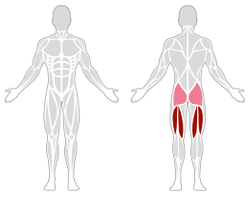
SPECIFICATIONS

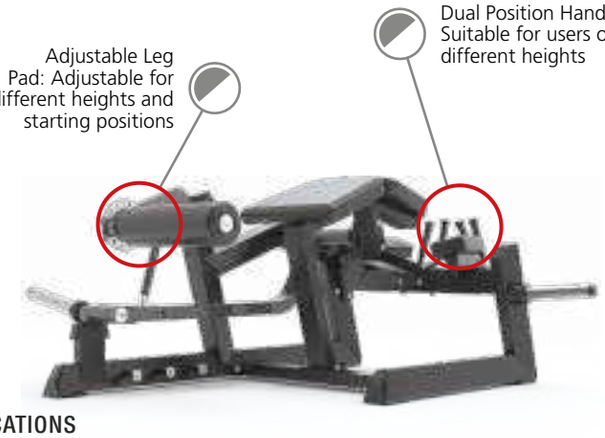
Dimensions: 172,7x131,4x110,0 cm
NET weight: 210 kg
Weight capacity: 200 kg
Category: F2

ECP604

*****

Prone Leg Curl





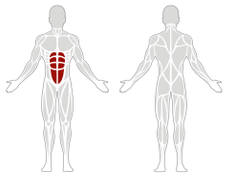
SPECIFICATIONS

Dimensions: 175,1x160,7x78,8 cm
NET weight: 180 kg
Weight capacity: 150 kg
Category: F2

ECP401

*****

Abdominal





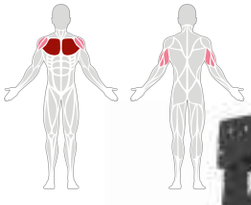
SPECIFICATIONS

Dimensions: 168,5x109,5x172,1 cm
NET weight: 180 kg
Weight capacity: 120 kg
Category: F2

ECP721

*****

Smith



SPECIFICATIONS

Dimensions: 224,2x136,8x223,2 cm
NET weight: 330 kg
Weight capacity: 250 kg
Category: F2

impulse

FE Line



Commercial-use machines combining elegant design with affordable price and an extensive list of features that allow every user to enjoy the benefits of fitness training in a safe, engaging and effective way.

The minimum 5lbs (2.25kg) change in resistance allows you to adjust the resistance exactly to your preference.

User-friendly design allows easy entry and exit

EXO|FORM

Concise and easy to read exercise placards offer a quick reference to targeted muscle groups and proper machine use, also including repetition and time counters

Ergonomicaly designed TPU grips with aluminum caps for a more refined look



3mm thick 72.8x141.7mm main frame tubes, with double layer electrostatic paint

Deep V notched glass fiber reinforced nylon pulleys, offering minimum resistance

Self-lubricating cables tested for a 300.000 repetition service life

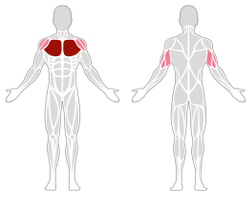
Learn more about the FE line at www.amila.gr scan the QR-code

The weight stack is not included in the price of the machines

Muscle groups:
● Main ● Secondary

Chest Press

FE9701
$ 1.799,00



FE9701B
$ 1.799,00

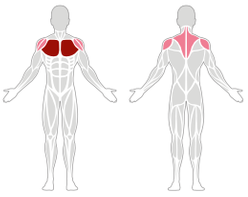




SPECIFICATIONS
Dimensions: 156,5x122,9x149,0 cm
NET weight: 170 kg
Category: F2

Pec Fly / Rear Delt

FE9715
$ 1.785,00



FE9715B
$ 1.785,00

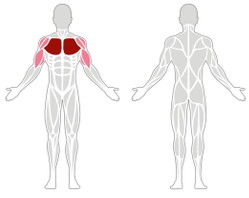




SPECIFICATIONS
Dimensions: 172,1x134,0x149,0 cm
NET weight: 161 kg
Category: F2

Pectoral

FE9704
*****



FE9704B
*****

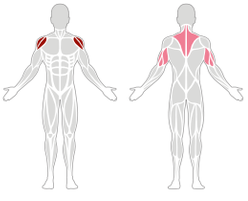




SPECIFICATIONS
Dimensions: 119,7x155,1x148,9 cm
NET weight: 166 kg
Category: F2

Shoulder Press

FE9712
$ 1.725,00



FE9712B
$ 1.725,00

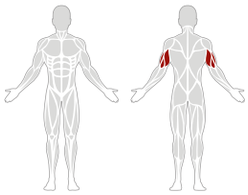




SPECIFICATIONS
Dimensions: 142,2x176,5x149,0 cm
NET weight: 169 kg
Category: F2

Tricep

FE9723
$ 1.722,00





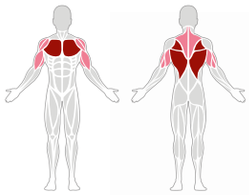
FE9723B
$ 1.722,00



SPECIFICATIONS
Dimensions: 158,0x114,9x149,0 cm
NET weight: 164 kg
Category: F2

Weight Assisted Chin / Dip Combo

FE9720
$ 1.986,00

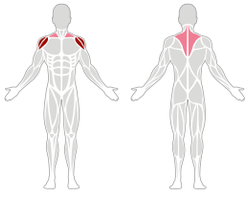


FE9720B
$ 1.986,00

SPECIFICATIONS
Dimensions: 175,0x138,0x219,8 cm
NET weight: 244 kg
Category: F2

Lateral Raise

FE9724
*****





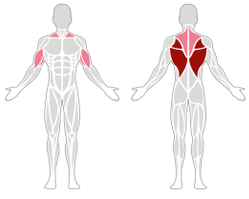
FE9724B
*****



SPECIFICATIONS
Dimensions: 126,6x126,1x149,1 cm
NET weight: 187 kg
Category: F2

Lat Pulldown

FE9702
$ 1.725,00





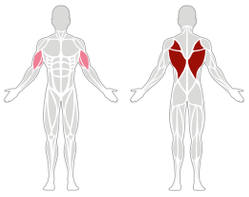
FE9702B
$ 1.725,00



SPECIFICATIONS
Dimensions: 130,4x122,6x210,9 cm
NET weight: 177 kg
Category: F2

Row

FE9719
$ 1.822,00





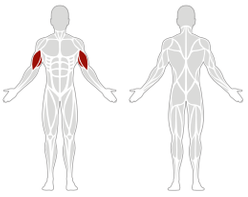
FE9719B
$ 1.822,00



SPECIFICATIONS
Dimensions: 112,7x199,6x149,2 cm
NET weight: 175 kg
Category: F2

Arm Curl

FE9703
$ 1.786,00





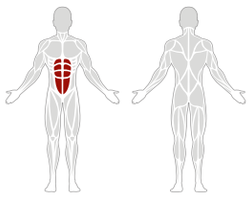
FE9703B
$ 1.786,00



SPECIFICATIONS
Dimensions: 156,7x114,9x149,0 cm
NET weight: 170 kg
Category: F2

Abdominal

FE9714
$ 1.406,50





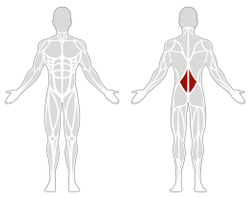
FE9714B
$ 1.406,50



SPECIFICATIONS
Dimensions: 120,2x138,3x149,0 cm
NET weight: 142 kg
Category: F2

Back Extension

FE9732
$ 1.643,00





FE9732B
$ 1.643,00



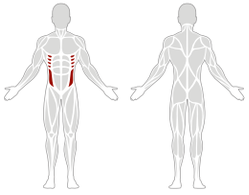
SPECIFICATIONS
Dimensions: 122,3x138,3x148,9 cm
NET weight: 185 kg
Category: F2

Torso Rotation

Όργανο Ενδυνάμωσης Πλάγιων Κοιλιακών

FE9718

*****





FE9718B

*****



ΠΡΟΔΙΑΓΡΑΦΕΣ

Διαστάσεις: 119,0x114,9x150,6 cm

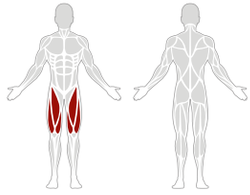
Καθαρό βάρος: 151 kg

Κατηγορία: Φ2

Leg Extension

FE9705

$ 1.712,00





FE9705B

$ 1.712,00



SPECIFICATIONS

Dimensions: 124,0x149,2x149,0 cm

NET weight: 170 kg

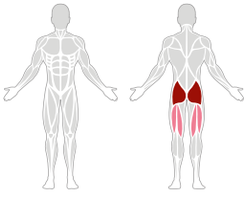
Category: F2

Glute

Όργανο Ενδυνάμωσης Γλουτών

FE9726

$ 1.578,00





FE9726B

$ 1.578,00



SPECIFICATIONS

Dimensions: 130,7x155,8x148,8 cm

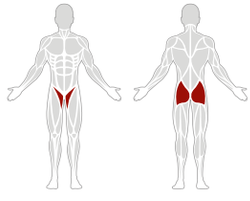
NET weight: 168,5 kg

Category: F2

Abductor-Adductor

FE9708

$ 1.685,00





FE9708B

$ 1.685,00



SPECIFICATIONS

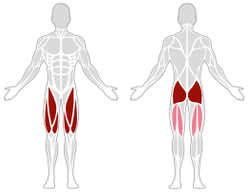
Dimensions: 151,4x172,7x148,8 cm

NET weight: 166 kg

Category: F2

Leg Press

FE9710
$ 2.525,00





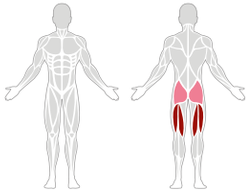
FE9710B
$ 2.535,00



SPECIFICATIONS
Dimensions: 134,8x178,6x148,9 cm
NET weight: 279 kg
Category: F2

Seated Leg Curl

FE9706
$ 1.901,00





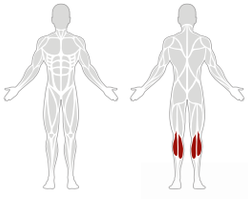
FE9706B
$ 1.901,00



SPECIFICATIONS
Dimensions: 124,0x154,1x148,8 cm
NET weight: 184 kg
Category: F2

Calf Raise

FE9716
$ 1.685,00





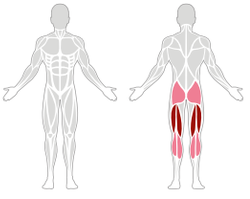
FE9716B
$ 1.685,00



SPECIFICATIONS
Dimensions: 118,7x123,0x174,5 cm
NET weight: 168kg
Category: F2

Prone Leg Curl

FE9721
$ 1.551,00





FE9721B
$ 1.551,00



SPECIFICATIONS
Dimensions: 119,3x170,5x149,2 cm
NET weight: 154 kg
Category: F2

Weight Stack

FE97WS200

$ 259,00

» Weight stack:
90Kg / 200Lbs

FE97WS235

$ 292,50

» Weight stack:
106Kg / 235Lbs

FE97WS295

$ 366,00

» Weight stack:
134Kg / 295Lbs



impulse

IT95 Line



The IT95 line (evolution from IT93) is the core of the strength training machines and represents its design and quality.

Their design allows easy entry and exit, considerably improves the feeling during their use, while the seat adjustment can be done while being seated.

These machines can be equiped with 4 different weight stacks, while also support incremental weight (5 lbs) for smaller adjustments.

IT95 line, with its elegant and beautiful design, high quality and many features, is available in two colors (grey and black), consisting the perfect choice for your gym.

Learn more about the IT95 line at www.amila.gr scan the QR-code

Available colors:
Grey Black

The weight stack is not included in the price

Muscle groups:
Main Secondary



1

IT9525S	Adjustable Hi/Lo Pulley
IT9527OPTS	Cable Crossover Traditional
IT9525S	Adjustable Hi/Lo Pulley

IT9527S	4 Stack Multi-Station
IT9527OPTS	Cable Crossover Traditional
IT9525S	Adjustable Hi/Lo Pulley

2





3

IT9527S	4 Stack Multi-Station
IT9527OPTS	Cable Crossover Traditional
IT9527S	4 Stack Multi-Station

Weight Stack
Πλάκες Βαρών

IT95WS160
$ 235,00
- Weight stack: 73Kg / 160Lbs

IT95WS200
$ 294,00
- Weight stack: 90Kg / 200Lbs

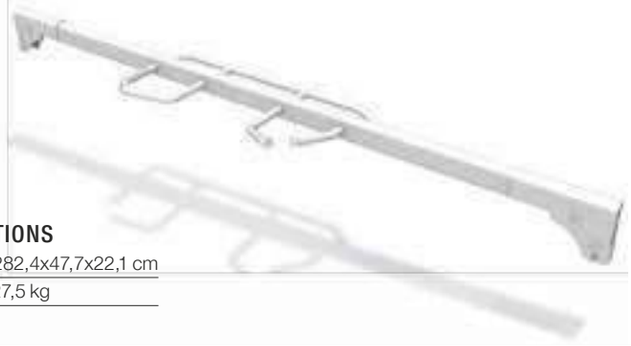
IT95WS235
$ 348,00
- Weight stack: 106Kg / 235Lbs

IT95WS295
$ 437,00
- Weight stack: 134Kg / 295Lbs



Cable Crossover Traditional

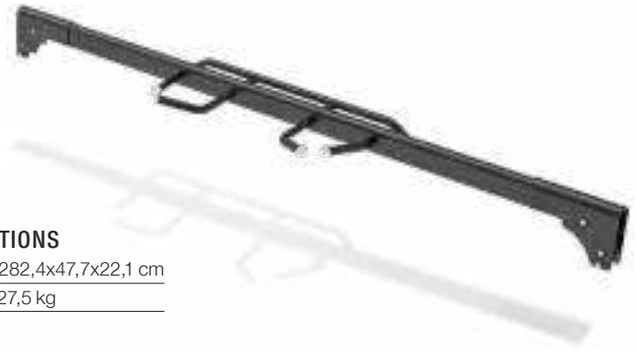
IT9527OPTS
$ 236,00



SPECIFICATIONS
Dimensions: 282,4x47,7x22,1 cm
NET weight: 27,5 kg
Category: F2

Cable Crossover Traditional

IT9527OPT
$ 236,00



SPECIFICATIONS
Dimensions: 282,4x47,7x22,1 cm
NET weight: 27,5 kg
Category: F2

Adjustable Hi/Lo Pulley

IT9525
$ 1.190,00



IT9525S
$ 1.190,00



SPECIFICATIONS
Dimensions: 146,3x126,2x235,8 cm
NET weight: 138 kg
Category: F2

4 Stack Multi-Station

IT9527
$ 2.635,00



IT9527S
$ 2.635,00

SPECIFICATIONS
Dimensions: 221,4x348,9x238,2 cm
NET weight: 309 kg
Category: F2

Dual Adjustable Pulley

IT9530
$ 1.802,00



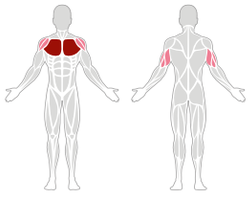
IT9530S
$ 1.802,00



SPECIFICATIONS
Dimensions: 162,0x137,0x227,0 cm
NET weight: 196 kg
Category: F2

Chest Press

IT9501
$ 1.240,00





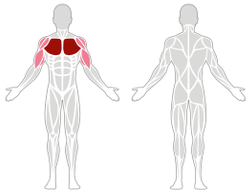
IT9501S
$ 1.240,00



SPECIFICATIONS
Dimensions: 147,5x119,1x150,6 cm
NET weight: 128 kg
Category: F2

Pectoral

IT9504
$ 1.365,00





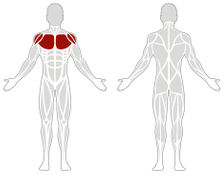
IT9504S
$ 1.365,00



SPECIFICATIONS
Dimensions: 144,9x136,1x150,7 cm
NET weight: 145 kg
Category: F2

Standing Multi Flight Machine

IT9537
$ 1.275,00





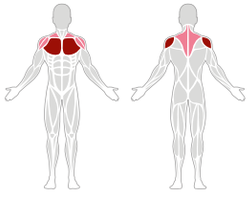
IT9504S
$ 1.275,00



SPECIFICATIONS
Dimensions: 145,5x90,6x186,3 cm
NET weight: 270 kg
Category: F2

Pec Fly / Rear Delt

IT9515
$ 1.173,00





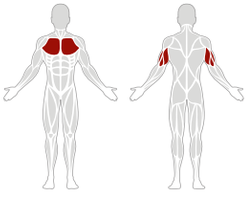
IT9515S
$ 1.173,00



SPECIFICATIONS
Dimensions: 127,5x127,1x204,8 cm
NET weight: 124 kg
Category: F2

Dip Press

IT9517
$ 1.342,00





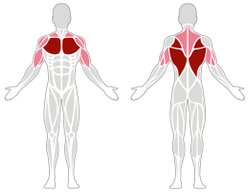
IT9517S
$ 1.342,00



SPECIFICATIONS
Dimensions: 123,3x169,4x150,6 cm
NET weight: 143 kg
Category: F2

Weight Assisted Chin / Dip Combo

IT9520
$ 1.355,00





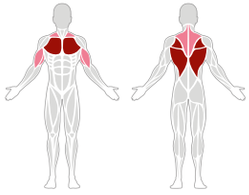
IT9520S
$ 1.355,00



SPECIFICATIONS
Dimensions: 157,3x131,5x228,6 cm
NET weight: 171 kg
Category: F2

Lat Pulldown / Vertical Row

IT9522
$ 1.167,00





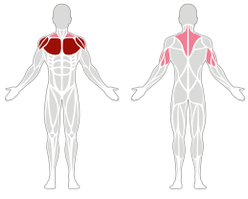
IT9522S
$ 1.167,00



SPECIFICATIONS
Dimensions: 122,3x189,7x222,8 cm
NET weight: 120 kg
Category: F2

Multi Press

IT9529
$ 1.422,00





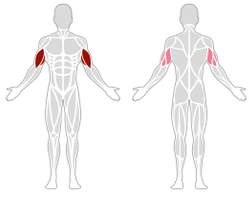
IT9529S
$ 1.422,00



SPECIFICATIONS
Dimensions: 143,7x182,7x166,9 cm
NET weight: 166 kg
Category: F2

Bicep / Tricep

IT9533
$ 1.245,00





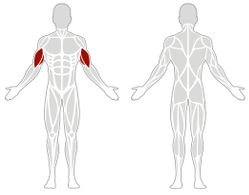
IT9533S
$ 1.245,00



SPECIFICATIONS
Dimensions: 122,5x130,0x150,6 cm
NET weight: 132 kg
Category: F2

Arm Curl

IT9503
$ 1.064,00





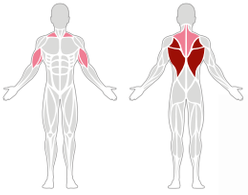
IT9503S
$ 1.064,00



SPECIFICATIONS
Dimensions: 120,8x122,5x150,7 cm
NET weight: 116 kg
Category: F2

Lat Pull

IT9502
$ 1.258,00





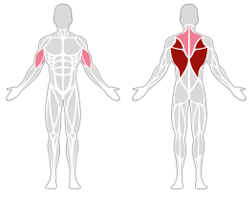
IT9502S
$ 1.258,00



SPECIFICATIONS
Dimensions: 138,0x143,4x188,9 cm
NET weight: 148 kg
Category: F2

Row

IT9519
$ 1.266,00





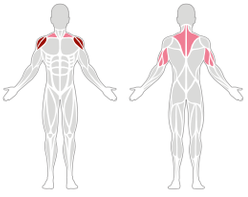
IT9519S
$ 1.266,00



SPECIFICATIONS
Dimensions: 126,4x161,6x150,6 cm
NET weight: 127 kg
Category: F2

Shoulder Press

IT9512
$ 1.249,00





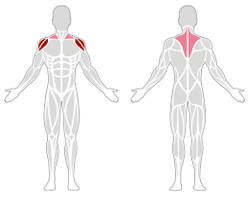
IT9512S
$ 1.249,00



SPECIFICATIONS
Dimensions: 144,3x156,0x151,0 cm
NET weight: 137 kg
Category: F2

Lateral Raise

IT9524
$ 1.056,00





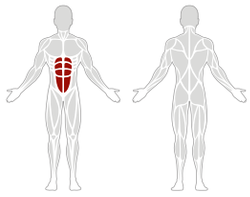
IT9524S
$ 1.056,00



SPECIFICATIONS
Dimensions: 121,3x122,2x150,6 cm
NET weight: 128 kg
Category: F2

AB Machine

IT9514
$ 1.048,00





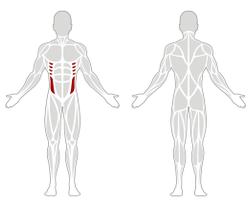
IT9514S
$ 1.048,00



SPECIFICATIONS
Dimensions: 114,8x134,6x158,1 cm
NET weight: 113 kg
Category: F2

Torso Rotation

IT9518
$ 1.128,00





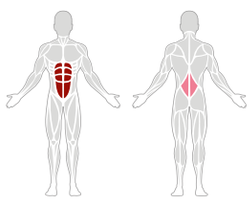
IT9518S
$ 1.128,00



SPECIFICATIONS
Dimensions: 119,0x114,9x150,6 cm
NET weight: 151 kg
Category: F2

Abdominal / Back Extension

IT9534
$ 1.270,00





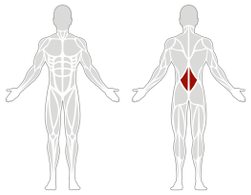
IT9534S
$ 1.270,00



SPECIFICATIONS
Dimensions: 118,9x119,6x150,6 cm
NET weight: 139 kg
Category: F2

Back Extension

IT9532
$ 1.055,00





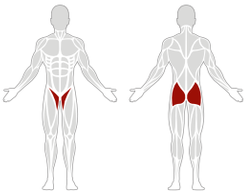
IT9532S
$ 1.055,00



SPECIFICATIONS
Dimensions: 118,9x123,3x150,6 cm
NET weight: 124 kg
Category: F2

Abductor and Adductor

IT9508
$ 1.190,00





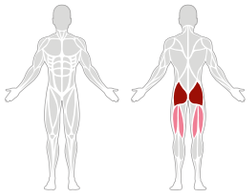
IT9508S
$ 1.190,00



SPECIFICATIONS
Dimensions: 89,7x155,3x150,6 cm
NET weight: 150 kg
Category: F2

Glute

IT9526
$ 1.188,00





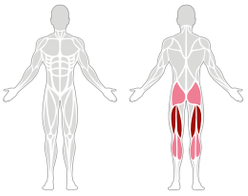
IT9526S
$ 1.188,00



SPECIFICATIONS
Dimensions: 121,7x161,5x150,6 cm
NET weight: 124 kg
Category: F2

Prone Leg Curl

IT9521
$ 1.096,00





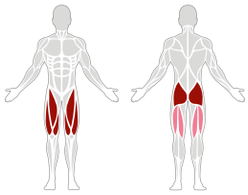
IT9521S
$ 1.096,00



SPECIFICATIONS
Dimensions: 114,5x145,8x150,6 cm
NET weight: 132 kg
Category: F2

Leg Press

IT9510
$ 1.865,00





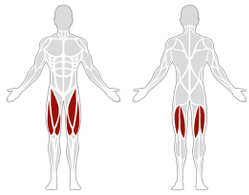
IT9510S
$ 1.865,00



SPECIFICATIONS
Dimensions: 113,7x185,0x150,6 cm
NET weight: 211 kg
Category: F2

Leg Extension / Leg Curl

IT9528
$ 1.422,00





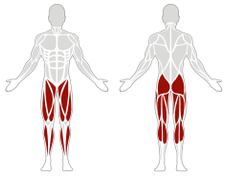
IT9528S
$ 1.422,00



SPECIFICATIONS
Dimensions: 123,0x137,5x150,6 cm
NET weight: 167 kg
Category: F2

Seated Leg Press Hack Squat

IT9539
$ 1.516,00





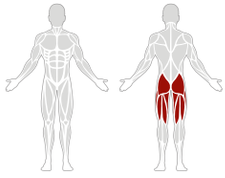
IT9539S
$ 1.516,00



SPECIFICATIONS
Dimensions: 185,7x109,0x150,6 cm
NET weight: 325 kg
Category: F2

Hip Thrust

IT9538
$ 875,00





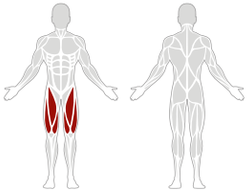
IT9538S
$ 875,00



SPECIFICATIONS
Dimensions: 156,3x129,0x150,6 cm
NET weight: 255 kg
Category: F2

Leg Extension

IT9505
$ 1.174,00





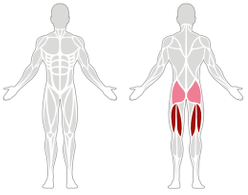
IT9505S
$ 1.174,00



SPECIFICATIONS
Dimensions: 118,5x122,0x150,6 cm
NET weight: 133 kg
Category: F2

Seated Leg Curl

IT9506
$ 1.300,00





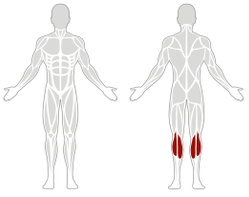
IT9506S
$ 1.300,00



SPECIFICATIONS
Dimensions: 118,6x153,6x150,6 cm
NET weight: 150 kg
Category: F2

Calf Raise

IT9516
$ 1.080,00





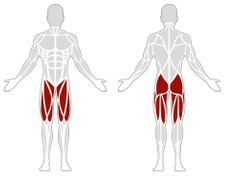
IT9516S
$ 1.080,00



SPECIFICATIONS
Dimensions: 115,6x128,7x173,9 cm
NET weight: 128 kg
Category: F2

Total Hip

IT9509
*****





IT9509S
*****



SPECIFICATIONS
Dimensions: 129,2x97,2x150,6 cm
NET weight: 148 kg
Category: F2

impulse

IF93 Line



Impulse's IF93 line is designed with simple clear lines and is ideal for small gyms and clubs.

It is inexpensive to own, easy to maintain, while offering a wide range of exercises.

The clear and precise instructions and training tips are great for individuals who are new to strength training and help users to build targeted muscles

The main frame is coated with materials that are environmental friendly, helping to improve the product's quality and provide good scratching and corrosion resistance



Ergonomic seat cushions, chest and back pads are made of polymer materials; the specially designed pads have different angles, which meet various training requirements

The upright tubing thickness of 2.5mm and the functional parts with rectangular tube at size of 50x100x2.5mm make IF93 stronger and with high endurance

Designed with stainless steel seat adjustment that provides a longer service life, makes it easy to adjust and looks beautiful

Learn more about the IF93 line at www.amila.gr scan the QR-code

The weight stack is not included in the price

Muscle groups:
Main Secondary



1

IF9325 Adjustable Hi/Lo Pulley
IF9327OPT Cable Crossover Traditional
IF9325 Adjustable Hi/Lo Pulley

IF9327 4 Stack Multi-Station
IF9327OPT Cable Crossover Traditional
IF9325 Adjustable Hi/Lo Pulley

2





3

IF9327 4 Stack Multi-Station
IF9327OPT Cable Crossover Traditional
IF9327 4 Stack Multi-Station

IF9327OPT — Cable CrossoverTraditional

IF9327OPT
$ 110,70



SPECIFICATIONS
Dimensions: 250,5x44,1x19,8 cm
NET weight: 21,5 kg
Category: F2

Weight Stack

IF93WS160
$ 215,20
» Weight: 73Kg/160Lbs

IF93WS200
$ 264,00
» Weight: 90Kg/200Lbs

IF93WS235
$ 312,00
» Weight: 106Kg/235Lbs

IF93WS295
$ 399,00
» Weight: 134Kg/295Lbs



IF9330 — Dual Adjustable Pulley

IF9330
$ 1.230,00



SPECIFICATIONS
Dimensions: 163,9x88,2x227,0 cm
NET weight: 117 kg
Category: F2

IF9325
$ 602,00

Adjustable Hi/Lo Pulley



SPECIFICATIONS
Dimensions: 144,9x125,8x233,8 cm
NET weight: 96 kg
Category: F2

IF9327
$ 1.635,00

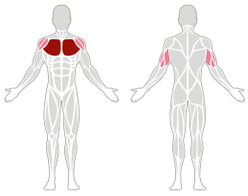
4 Stack Multi-Station



SPECIFICATIONS
Dimensions: 244,5x342,7x233,8 cm
NET weight: 257 kg
Category: F2

IF9301
$ 822,00

Chest Press

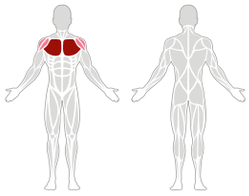




SPECIFICATIONS
Dimensions: 136,0x118,8x153,0 cm
NET weight: 97,1 kg
Category: F2

IF9304
$ 872,00

Pectoral



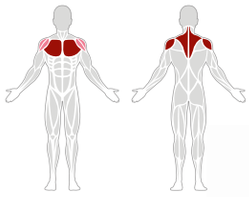


SPECIFICATIONS
Dimensions: 173,6x80,6x153,0 cm
NET weight: 95 kg
Category: F2

Pectoral

IF9315

$ 872,00





SPECIFICATIONS

Dimensions: 149,3x142,1x186,3 cm

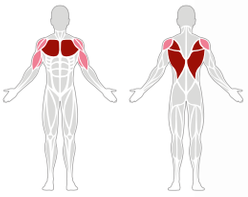
NET weight: 90 kg

Category: F2

Weight Assisted Chin / Dip Combo

IF9320

$ 855,80





SPECIFICATIONS

Dimensions: 130,9x125,6x249,8 cm

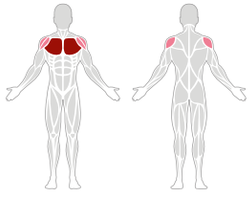
NET weight: 107 kg

Category: F2

Multi-Press

IF9329

$ 1.090,00





SPECIFICATIONS

Dimensions: 144,6x202,6x153,0 cm

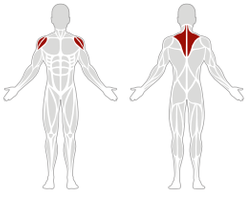
NET weight: 97,5 kg

Category: F2

Lateral Raise

IF9324

$ 730,00





SPECIFICATIONS

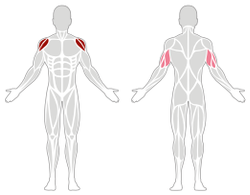
Dimensions: 75,0x119,7x153,0 cm

NET weight: 85 kg

Category: F2

Shoulder Press

IF9312
$ 810,00

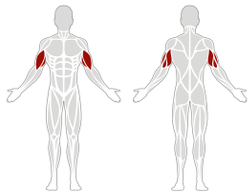




SPECIFICATIONS
Dimensions: 145,6x145,0x153,0 cm
NET weight: 103 kg
Category: F2

Arm Curl

IF9303
$ 701,00

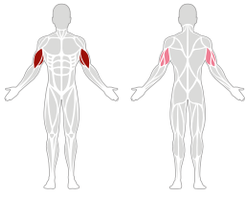




SPECIFICATIONS
Dimensions: 102,8x121,6x153,0 cm
NET weight: 90 kg
Category: F2

Bicep Curl / Tricep Extension

IF9333
$ 924,00

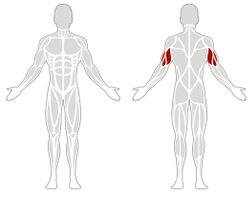




SPECIFICATIONS
Dimensions: 120,3x132,7x153,0 cm
NET weight: 110 kg
Category: F2

Seated Dip

IF9317
$ 814,20



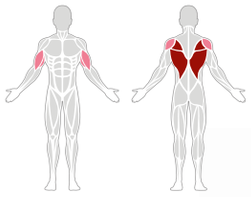


SPECIFICATIONS
Dimensions: 121,2x122,7x153,0 cm
NET weight: 97,5 kg
Category: F2

IF9302

$ 802,00

Lat Pulldown





SPECIFICATIONS

Dimensions: 131,8x158,3x189,1 cm

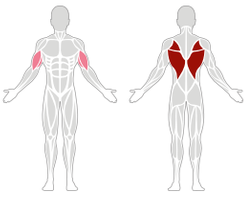
NET weight: 100 kg

Category: F2

IF9319

$ 791,50

Vertical Row





SPECIFICATIONS

Dimensions: 85,8x180,4x153,0 cm

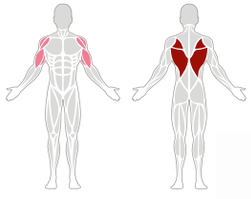
NET weight: 91,5 kg

Category: F2

IF9322

$ 934,00

Lat Pulldown





SPECIFICATIONS

Dimensions: 122,3x188,6x222,7 cm

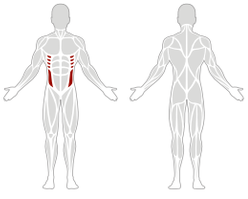
NET weight: 91 kg

Category: F2

IF9318

$ 828,00

Torso Rotation





SPECIFICATIONS

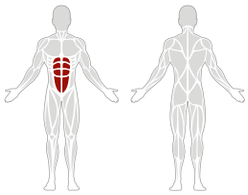
Dimensions: 124,0x110,3x153,0 cm

NET weight: 96 kg

Category: F2

IF9314 — Abdominal

$ 735,00



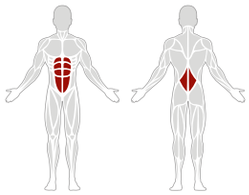


SPECIFICATIONS

Dimensions: 100,8x108,5x153,0 cm
NET weight: 89,5 kg
Category: F2

IF9334 — Ab / Back

*****



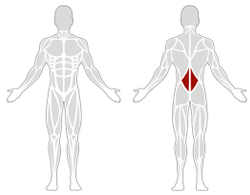


SPECIFICATIONS

Dimensions: 159.2x125.3x153.1 cm
NET weight: **,* kg
Category: F2

IF9332 — Back Extension

$ 794,00



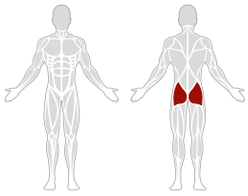


SPECIFICATIONS

Dimensions: 103,4x112,0x153,0 cm
NET weight: 98 kg
Category: F2

IF9335 — Abductor

$ 839,00



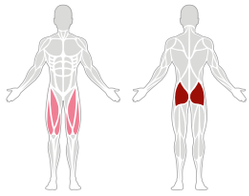


SPECIFICATIONS

Dimensions: 94,6x158,3x153,0 cm
NET weight: 95 kg
Category: F2

IF9326 — Kick Back

$ 727,00





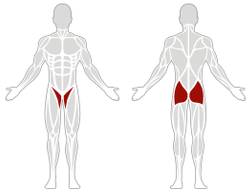
SPECIFICATIONS

Dimensions: 106,8x103,4x153,0 cm
NET weight: 90 kg
Category: F2

Adbuctor / Adductor

IF9308

$ 988,50





SPECIFICATIONS

Dimensions: 93,5x157,0x153,0 cm

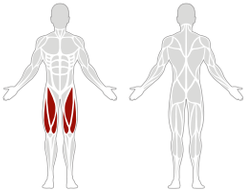
NET weight: 103 kg

Category: F2

Leg Extension

IF9305

$ 810,00





SPECIFICATIONS

Dimensions: 104,8x114,6x153,0 cm

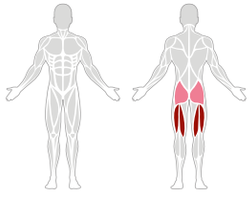
NET weight: 102 kg

Category: F2

Seated Leg Curl

IF9306

$ 912,10





SPECIFICATIONS

Dimensions: 103,4x144,8x153,0 cm

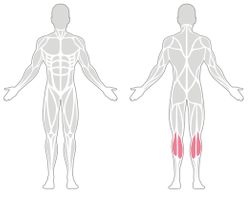
NET weight: 95 kg

Category: F2

Calf Raise

IF9316

$ 791,00





SPECIFICATIONS

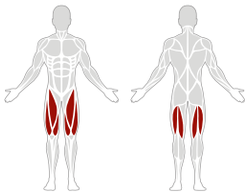
Dimensions: 110,5x115,0x177,5 cm

NET weight: 106 kg

Category: F2

Leg Extension / Leg Curl

IF9328
$ 1.110,00

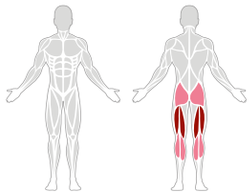




SPECIFICATIONS
Dimensions: 127,0x127,2x153,0 cm
NET weight: 105 kg
Category: F2

Prone Leg Curl

IF9321
$ 805,50

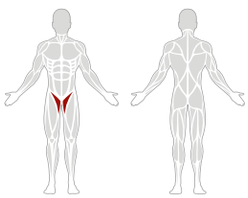




SPECIFICATIONS
Dimensions: 114,6x150,7x153,0 cm
NET weight: 102 kg
Category: F2

Adductor

IF9336
$ 840,00

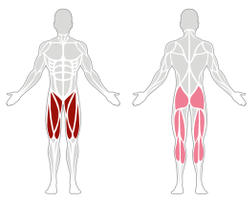




SPECIFICATIONS
Dimensions: 118,5x158,3x153,0 cm
NET weight: 95 kg
Category: F2

Leg Press

IF9310
$ 920,00





SPECIFICATIONS
Dimensions: 116,8x205,5x153,0 cm
NET weight: 121 kg
Category: F2

impulse

IT70 Line



The Impulse IT70 line boasts high quality, commercial strength, designed to fulfill any commercial need.

Its attractive and user friendly design helps people exercise efficiently and comfortable.

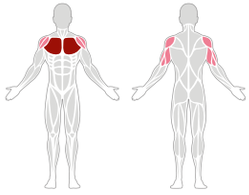


Learn more about the IT70 line at
www.amila.gr scan the QR-code

Muscle groups:
Main Secondary

Flat Bench

IT7014
$ 508,00





IT7014B
$ 508,00

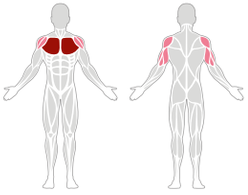


SPECIFICATIONS

Dimensions: 165,8x165,7x137,3 cm
NET weight: 82 kg
Category: F2

Incline Bench

IT7015
$ 672,00





IT7015B
$ 672,00

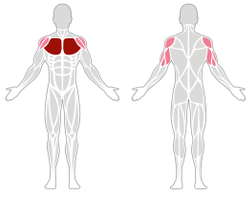


SPECIFICATIONS

Dimensions: 165,8x168,2x137,3 cm
NET weight: 107 kg
Category: F2

Decline Bench

IT7016
$ 595,00





IT7016B
$ 595,00

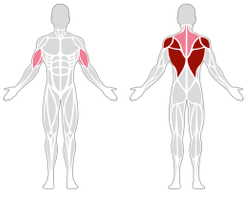


SPECIFICATIONS

Dimensions: 165,8x212,0x137,3 cm
NET weight: 87 kg
Category: F2

Incline Row

IT7019
$ 499,00





IT7019B
$ 499,00

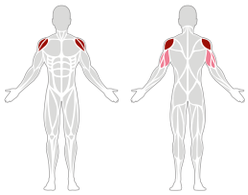


SPECIFICATIONS

Dimensions: 100,9x196,2x126,2 cm
NET weight: 77,5 kg
Weight capacity: 150 kg
Category: F2

Shoulder Bench Press

IT7031
$ 514,00





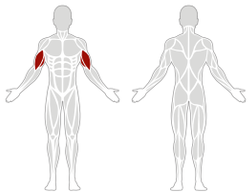
IT7031B
$ 514,00



SPECIFICATIONS
Dimensions: 134,9x112,6x165,1 cm
NET weight: 86,5 kg
Weight capacity: 300 kg
Category: F2

Seated Preacher Curl

IT7002
$ 244,00





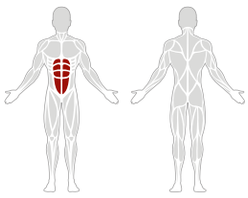
IT7002B
$ 244,00



SPECIFICATIONS
Dimensions: 80,0x95,3x88,2 cm
NET weight: 41 kg
Category: F2

Vertical Knee Raise / Dip Stand

IT7010
$ 346,00





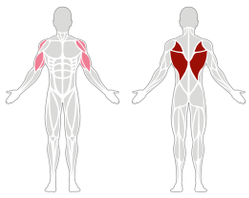
IT7010B
$ 346,00



SPECIFICATIONS
Dimensions: 78,1x113,1x151,5 cm
NET weight: 53 kg
Category: F2

Chin-Up Accessory

IT7010EOPT
$ 174,00



Add-on accessory for IT7010

IT7010EOPTB
$ 174,00

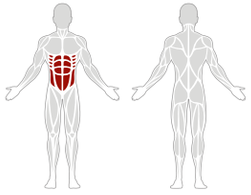


SPECIFICATIONS
Dimensions: 70,0x93,2x235,1 cm
NET weight: 30,5 kg
Category: F2



Multi AB Bench

IT7013
$ 358,70



IT7013B
$ 358,70

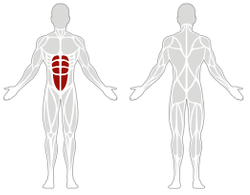




SPECIFICATIONS
Dimensions: 74,9x172,2x89,8 cm
NET weight: 42,5 kg
Category: F2

AB Bench

IT7003
$ 418,00



IT7003B
$ 418,00

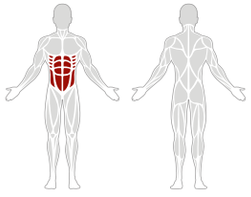




SPECIFICATIONS
Dimensions: 93,5x174,8x106,3 cm
NET weight: 57 kg
Category: F2

Abdominal Bench

IT7030
$ 236,00



IT7030B
$ 236,00

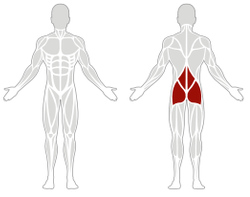




SPECIFICATIONS
Dimensions: 72,6x98,5x62,5 cm
NET weight: 35 kg
Category: F2

Multi Hyperextension

IT7007
$ 328,00



IT7007B
$ 328,00

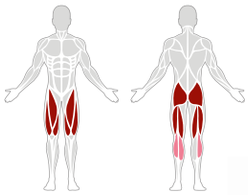




SPECIFICATIONS
Dimensions: 74,9x131,2x102,5 cm
NET weight: 43,5 kg
Category: F2

Leg Press / Hack Squat

IT7006
$ 1.194,00





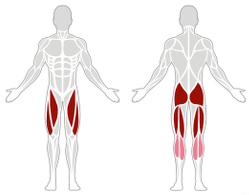
IT7006B
$ 1.194,00



SPECIFICATIONS
Dimensions: 97,5x218,1x149,3 cm
NET weight: 166 kg
Weight capacity: 200 kg
Category: F2

45 Leg Press

IT7020
$ 1.110,00





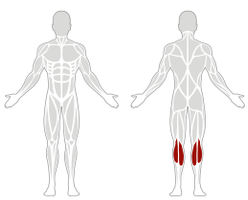
IT7020B
$ 1.110,00



SPECIFICATIONS
Dimensions: 101,6x220,5x149,4 cm
NET weight: 141 kg
Weight capacity: 200 kg
Category: F2

Seated Calf Raise

IT7005
$ 305,20



IT7005B
$ 305,20





SPECIFICATIONS
Dimensions: 75,1x135,5x83,9 cm
NET weight: 50 kg
Weight capacity: 100 kg
Category: F2

Stretch

IT7004
$ 242,50

IT7004B
$ 242,50





SPECIFICATIONS
Dimensions: 55,2x127,4x99,7 cm
NET weight: 35 kg
Category: F2

Flat Bench

IT7009
$ 201,20



IT7009B
$ 201,20



SPECIFICATIONS
Dimensions: 74,9x120,0x42,6 cm
NET weight: 27,5 kg
Category: F2

Multi-Adjustable Bench

IT7011
$ 290,00



IT7011B
$ 290,00



SPECIFICATIONS
Dimensions: 75,1x121,7x105,9 cm
NET weight: 40 kg
Category: F2

Smith

IT7001
$ 1.493,00



IT7001B
$ 1.493,00



SPECIFICATIONS
Dimensions: 224,1x132,6x237,0 cm
NET weight: 178 kg
Weight capacity: 200 kg
Category: F2

Max Rack

IT7033
$ 1.800,00



IT7033B
$ 1.800,00



SPECIFICATIONS
Dimensions: 211,7x148,8x218,6 cm
NET weight: 200 kg
Weight capacity: 200 kg
Category: F2

Dumbbell Rack

IT7012
$ 455,00



IT7012B
$ 455,00



SPECIFICATIONS
Dimensions: 158,0x81,4x98,2 cm
NET weight: 71 kg
Category: F2

Dumbbell Rack

IT7018
$ 343,00



IT7018B
$ 343,00



SPECIFICATIONS
Dimensions: 158,0x81,4x93,8 cm
NET weight: 68 kg
Category: F2

Barbell Rack

IT7027
$ 423,50



IT7027B
$ 423,50



SPECIFICATIONS
Dimensions: 91,9x94,9x161,2 cm
NET weight: 68,5 kg
Category: F2

Weight Plate Tree

IT7017
$ 216,00



IT7017B
$ 216,00



SPECIFICATIONS
Dimensions: 60,6x93,8x120,9 cm
NET weight: 26 kg
Category: F2

Olympic Bar Rack

IT7032
$ 270,00



IT7032B
$ 270,00



SPECIFICATIONS
Dimensions: 96,0x71,0x108,6 cm
NET weight: 47 kg
Weight capacity: 300 kg
Category: F2


ENCORE
ENCORE
ENCORE

impulse

ENCORE

The Complete Series

Encore line is suitable for Hotel gyms, Physical therapy centers,
Hospitals, Personal training studios & Rehabilitation centers



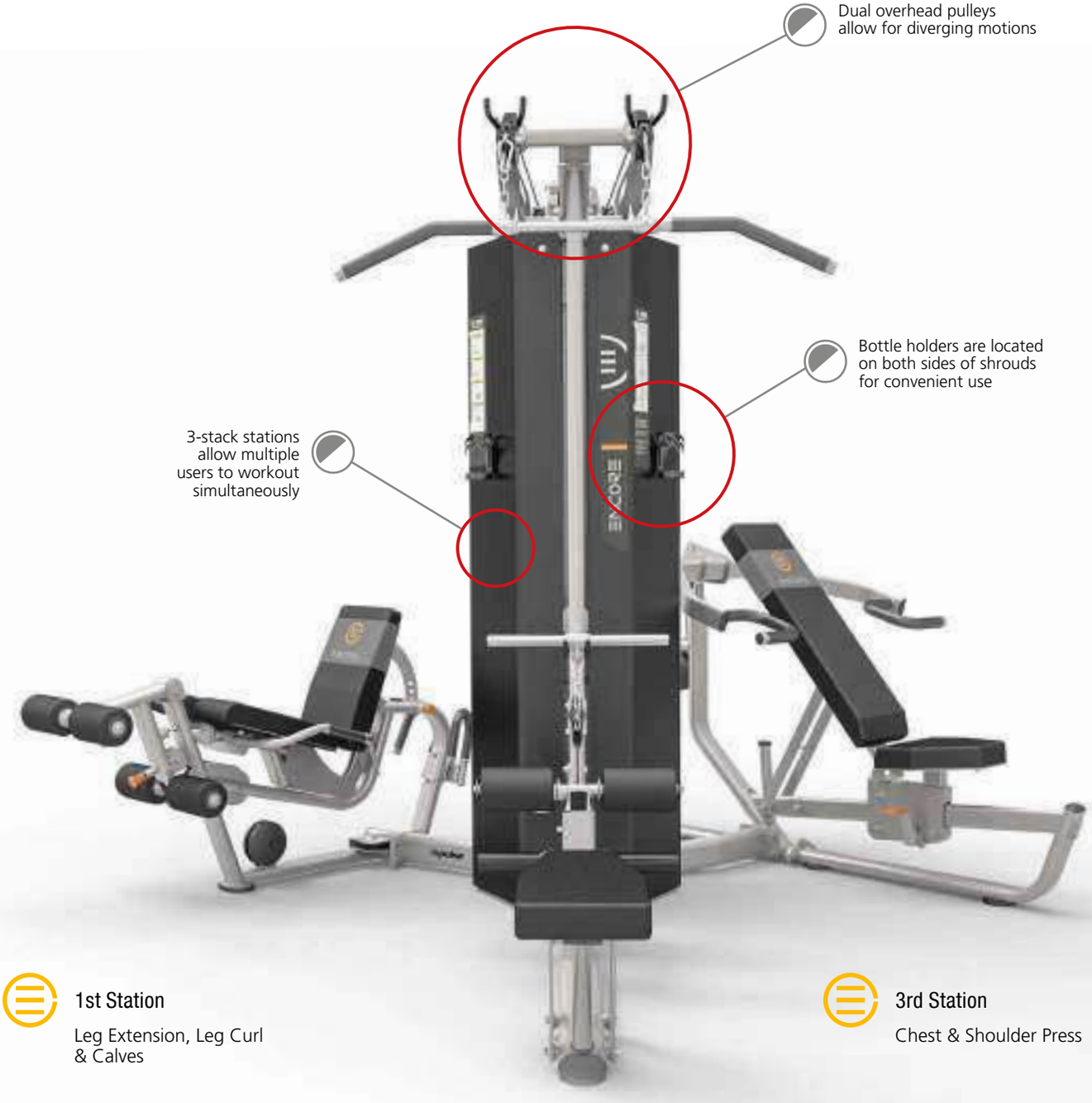
Learn more about the Encore line at
www.amila.gr scan the QR-code

ES3000

$ 3.185,00

» Can be combined with the Hi / Lo Pulley Attachment
ES3000OPT
(p. 371)

ES3000
3-station machine



1st Station
Leg Extension, Leg Curl & Calves

2nd Station
Lat Pulldown & Vertical Row

3rd Station
Chest & Shoulder Press

SPECIFICATIONS

Dimensions: 364,2x292,9x217,7 cm
NET weight: 300 kg
Weight stacks: 3x91 kg
Category: F2

ES2100

$ 1.834,00

» Accessories included:

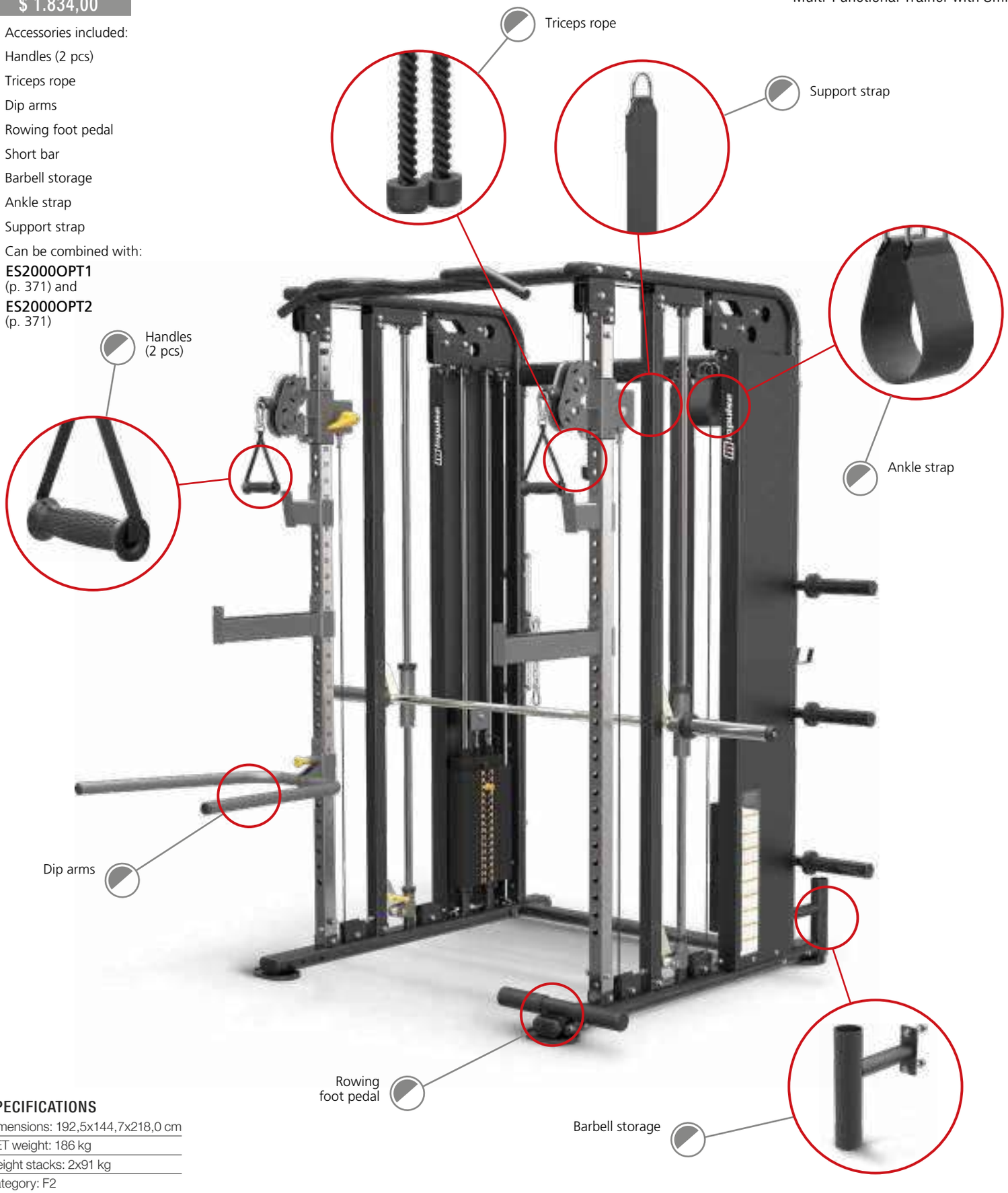
Handles (2 pcs)
Triceps rope
Dip arms
Rowing foot pedal
Short bar
Barbell storage
Ankle strap
Support strap

» Can be combined with:

ES2000OPT1
(p. 371) and
ES2000OPT2
(p. 371)

ES2100

Multi-Functional Trainer with Smith



SPECIFICATIONS

Dimensions: 192,5x144,7x218,0 cm
NET weight: 186 kg
Weight stacks: 2x91 kg
Category: F2

ES9030

$ 1.520,00

- Accessories included
  - Handles (2 pcs)
  - Triceps rope
  - Leg ext/curl strap
  - Lat strap
  - Long bar retractable strap
- Can be combined with bench
  ES7011
  (p. 371)

ES9030

Dual Pulley with Optional Bench



SPECIFICATIONS

Dimensions: 173,4x112,3x215,0 cm
NET weight: 150 kg
Weight stacks: 2x77 kg
Category: F2

Hi / Lo Pulley Attachment

ES30000PT

$ 321,00

- Accessory for **ES3000** (p. 368)
- Quick installation, shares the stack with lat pull for saving space and cost
- 31 vertical pulley positions for a large variety of different exercises





SPECIFICATIONS

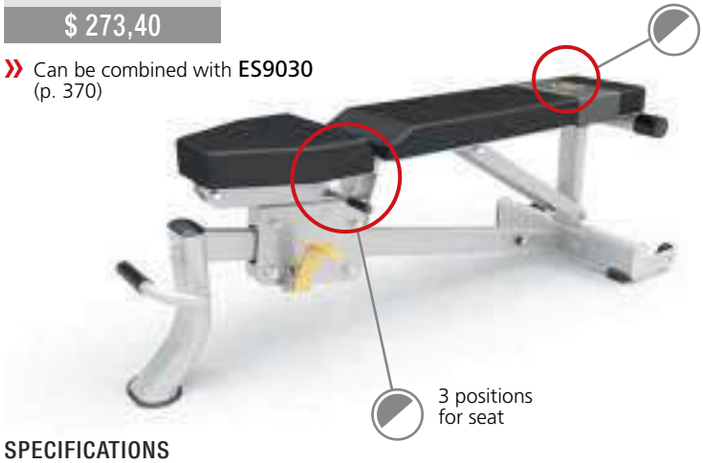
Dimensions: 37,6x81,9x214,5 cm
NET weight: 26,5 kg
Category: F2

Bench

ES7011

$ 273,40

- Can be combined with **ES9030** (p. 370)





SPECIFICATIONS

Dimensions: 52,5x144,0x49,0 cm
NET weight: 34,5 kg
Category: F2

Pivot

ES20000PT1

$ 21,90

- Accessory for **ES2100** (p. 369)



SPECIFICATIONS

Dimensions: 50,0x15,0x18,0 cm
NET weight: 6,2 kg
Category: F2

Pull Down Bar + Roller

ES20000PT2

$ 56,00

- Accessory for **ES2100** (p. 369)



SPECIFICATIONS

Dimensions: 126,5x25,5x13,0 cm
NET weight: 4,5 kg
Category: F2

ECU7

ECU7

$ 915,00



SPECIFICATIONS

Dimensions: 62,8x113,2x147,2 cm
NET weight: 67 kg
Disk: 8 kg
Resistance: 20 levels
MAX user weight: 150 kg
Category: F2

ECR7

ECR7

$ 1.092,00



SPECIFICATIONS

Dimensions: 64,2x167,1x131,9 cm
NET weight: 83 kg
Disk: 8 kg
Resistance: 20 levels
MAX user weight: 150 kg
Category: F2

ECE5

$ 1.370,00

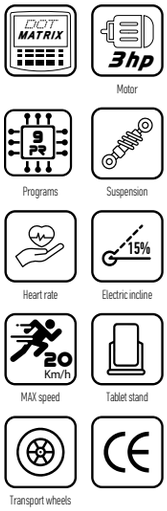


SPECIFICATIONS

- Dimensions: 81,2x184,9x178,0 cm
- NET weight: 120 kg
- Disk: 8 kg
- Resistance: 20 levels
- MAX user weight: 150 kg
- Category: F2

ECT7

$ 1.855,00





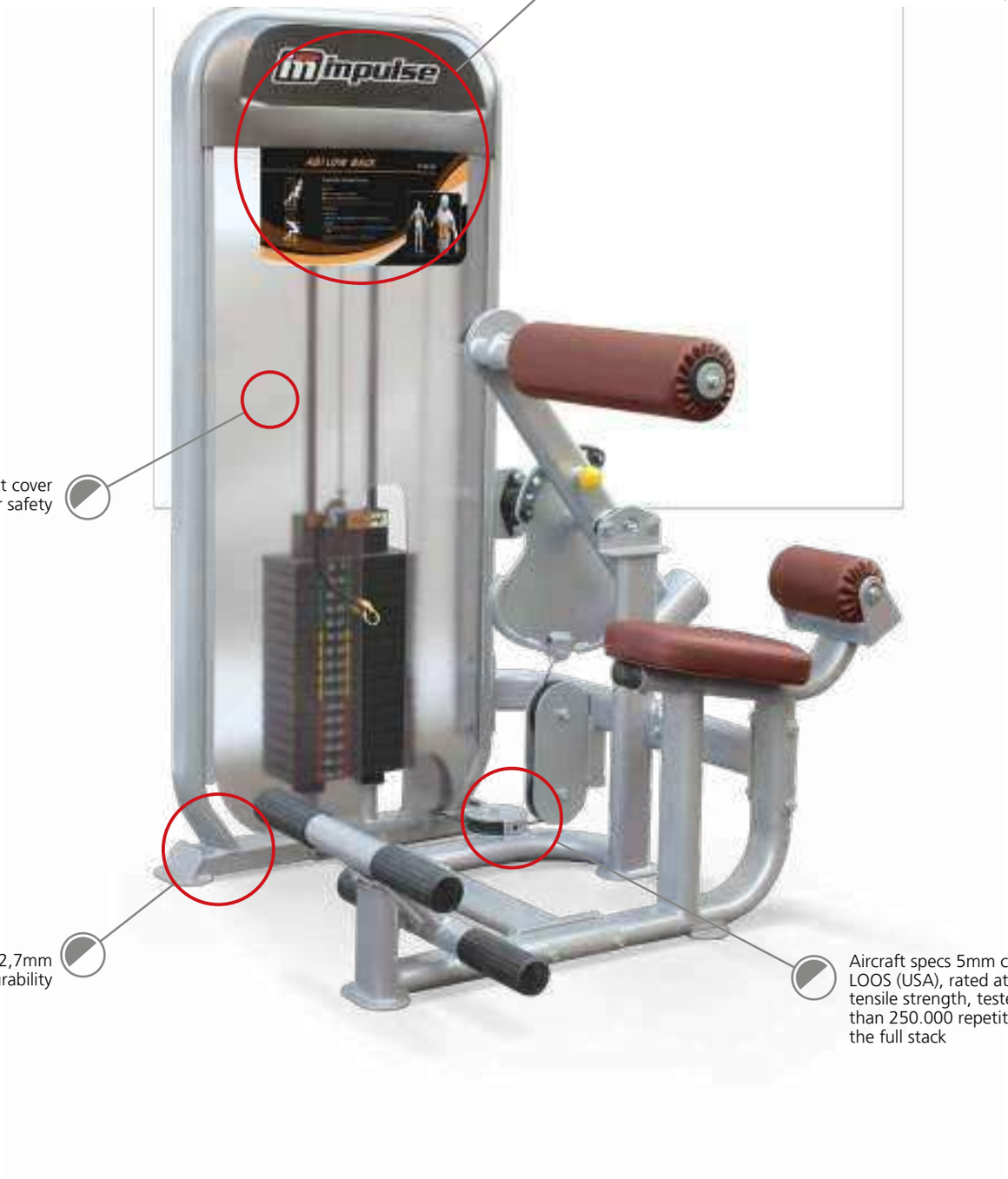
SPECIFICATIONS

- Dimensions: 94,0x205,1x145,9 cm
- NET weight: 150 kg
- Motor: 3hp
- MAX speed: 20 Km/h
- Incline: Electronic 15%
- Running surface: 51,0x152,5 cm
- MAX user weight: 160 kg
- Category: F2

impulse

PL Line

The clear and precise instructions and training tips are great for individuals who are new to strength training and help users to build targeted muscles



Transluscent cover for safety

Electro-welded 2,5-2,7mm tubes for maximum durability

Aircraft specs 5mm cables, from LOOS (USA), rated at over 900kg tensile strength, tested for more than 250.000 repetitions using the full stack

PL line consists of high quality machines, utilizing two or more functions, intended for ligh commercial use, with attractive design.

The user friendly design simplifies exercising and makes it more efficient and comfortable.

Nylon pulleys, reinforced with glass fibers and deep notches, offer safe and smooth movement of the cable

Ergonomicaly designed grips with aluminum caps for a more refined look

Ergonomic 70mm thick pads



Stainless steel seat adjustment that provides a longer service life, easy to adjust and looks beautiful

Learn more about the PL line at www.amila.gr scan the QR-code

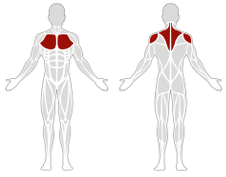
The weight stack is not included in the price

Muscle groups:
Main Secondary

PL9022

$ 865,00

Rear Deltoid / Pectoral Fly





SPECIFICATIONS

Dimensions: 129,9x136,5x206,1 cm

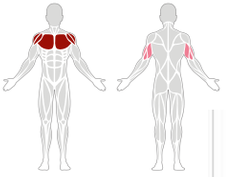
NET weight: 107 kg

Category: F2

PL9021

$ 863,00

Multi Press





SPECIFICATIONS

Dimensions: 132,4x193,2x152,0 cm

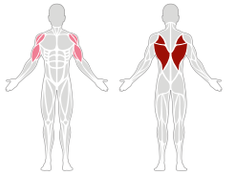
NET weight: 112 kg

Category: F2

PL9002

$ 760,00

Lat Pulldown / Seated Row





SPECIFICATIONS

Dimensions: 102,0x176,5x218,2 cm

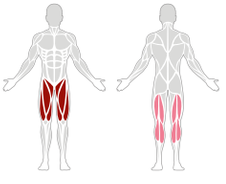
NET weight: 90,5 kg

Category: F2

PL9010

$ 915,00

Leg Press / Calf Raise





SPECIFICATIONS

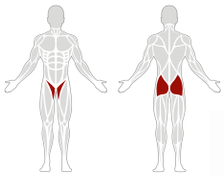
Dimensions: 114,7x216,5x152,0 cm

NET weight: 111 kg

Category: F2

PL9016
$ 821,00

Inner / Outer Thigh

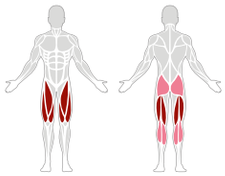




SPECIFICATIONS
Dimensions: 173,9x160,9x152,0 cm
NET weight: 99 kg
Category: F2

PL9019
$ 943,00

Leg Extension / Leg Curl

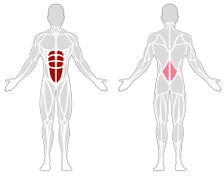




SPECIFICATIONS
Dimensions: 124,5x146,5x152,0 cm
NET weight: 116 kg
Category: F2

PL9024
$ 776,00

Ab / Low Back

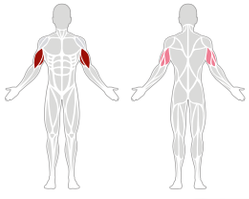




SPECIFICATIONS
Dimensions: 109,9x104,4x152,0 cm
NET weight: 107 kg
Category: F2

PL9023
*****

Biceps / Triceps





SPECIFICATIONS
Dimensions: 116,4x120,7x151,3 cm
NET weight: 106 kg
Category: F2

PLWS170
$ 235,50

» Weight: 77Kg/170Lbs

PLWS250
$ 348,00

» Weight: 113Kg/250Lbs

Weight Stack



impulse

IFP Line



IFP line consists of machines for various muscle groups, such as chest, shoulders, back, legs and arms. It is strictly designed according to parameters as human mechanics and muscle strength lines. The included machines can perform different functions and exercise different muschle groups.

Without decreasing the functionality of the machines, IFP line requires less space due to their structural design, so that more machines can fit in a given space.

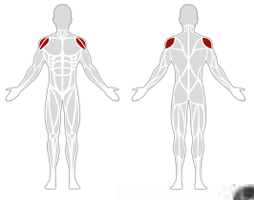


Learn more about the IFP line at www.amila.gr scan the QR-code

Muscle groups:
Main Secondary

IFP1101 — Seated Shoulder Press

$ 421,50

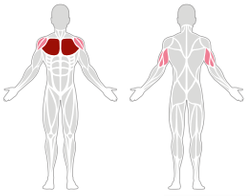


SPECIFICATIONS

Dimensions: 157,9x152,0x106,9 cm
NET weight: 87,0 kg
Weight capacity: 300 kg
Category: F2

IFP1201 — Seated Chest Press

$ 365,00

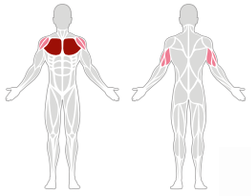


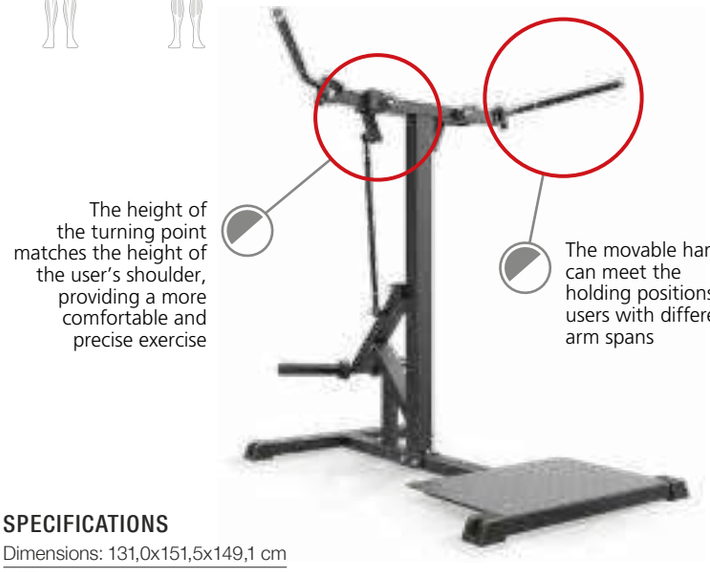
SPECIFICATIONS

Dimensions: 127,6x98,4x124,8 cm
NET weight: 64,2 kg
Weight capacity: 200 kg
Category: F2

IFP1206 — Standing Chest Fly

$ 376,20



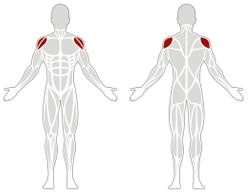


SPECIFICATIONS

Dimensions: 131,0x151,5x149,1 cm
NET weight: 70 kg
Weight capacity: 200 kg
Category: F2

IFP1103 — Standing Lateral Raise

$ 316,50

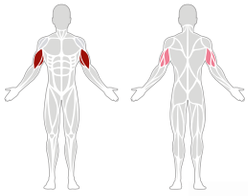


SPECIFICATIONS

Dimensions: 116,5x88,5x155,0 cm
NET weight: 57,3 kg
Weight capacity: 200 kg
Category: F2

Biceps / Triceps

IFP1706
$ 301,00



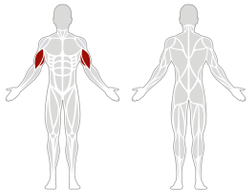


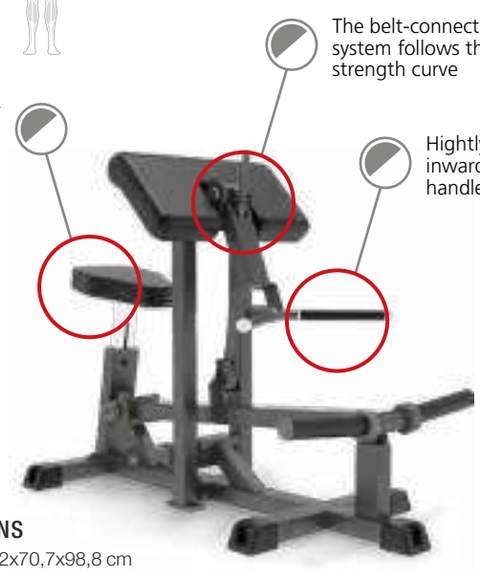
SPECIFICATIONS

Dimensions: 70,8x109,2x128,7 cm
NET weight: 47,3 kg
Weight capacity: 200 kg
Category: F2

Bicep Curl

IFP1501
$ 366,90



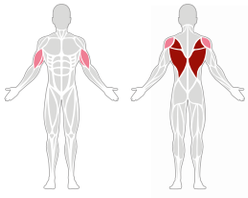


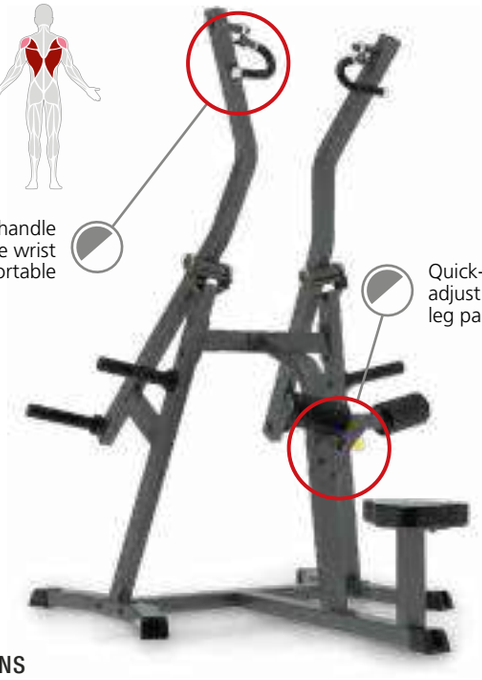
SPECIFICATIONS

Dimensions: 130,2x70,7x98,8 cm
NET weight: 56,0 kg
Weight capacity: 200 kg
Category: F2

Lat Pulldown

IFP1301
$ 477,80



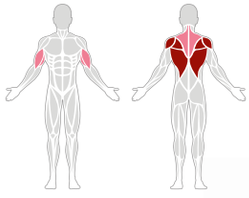


SPECIFICATIONS

Dimensions: 170,3x133,9x204,7 cm
NET weight: 95,0 kg
Weight capacity: 200 kg
Category: F2

Seated Row

IFP1302
$ 415,00



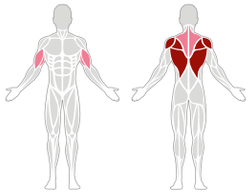


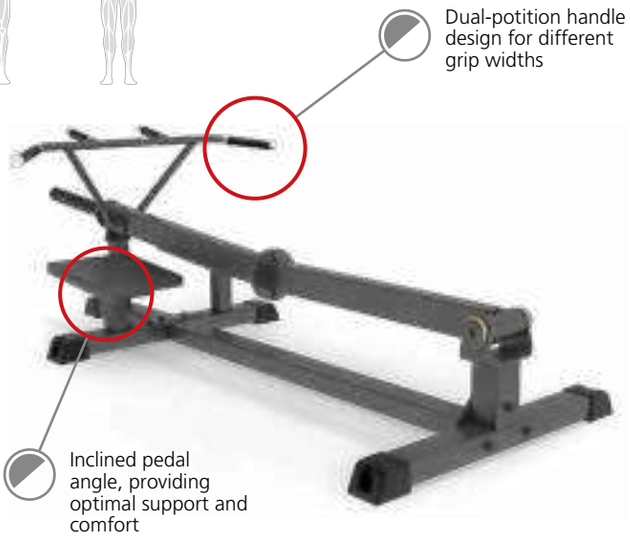
SPECIFICATIONS

Dimensions: 102,0x147,0x134,0 cm
NET weight: 77,5 kg
Weight capacity: 200 kg
Category: F2

IFP1305
$ 279,50

T-Bar Row

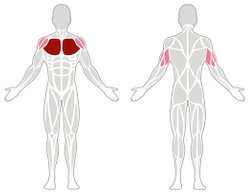




SPECIFICATIONS
Dimensions: 207,9x90,8x63,5 cm
NET weight: 23,0 kg
Weight capacity: 150 kg
Category: F2

IFP1721
$ 725,00

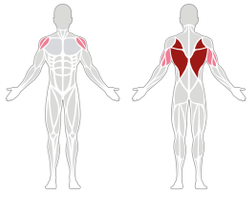
Half Cage / Smith Machine



SPECIFICATIONS
Dimensions: 185,0x140,4x234,3 cm
NET weight: 77,5 kg
Weight capacity: 250 kg
Category: F2

IFP1721OPT
$ 340,00

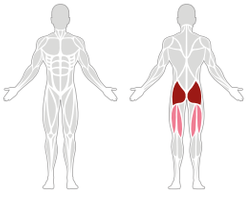
Lat Pulldown
Seated Row Attachment



SPECIFICATIONS
Dimensions: 123,1x145,1x230,7 cm
NET weight: 24,6 kg
Weight capacity: 200 kg
Category: F2

IFP1616
$ 382,00

Vertical Hip Thrust

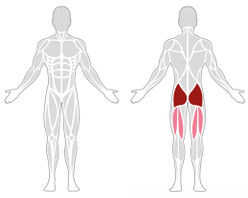




SPECIFICATIONS
Dimensions: 122,0x109,8x116,5 cm
NET weight: 67,5 kg
Weight capacity: 150 kg
Category: F2

IFP1619
$ 345,00

Reverse Hyperextension

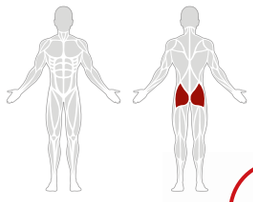




SPECIFICATIONS
Dimensions: 79,7x131,0x115,3 cm
NET weight: 66,0 kg
Weight capacity: 100 kg
Category: F2

IFP1622
$ 439,00

Standing Hip Abductor

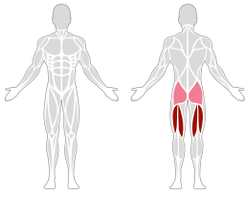




SPECIFICATIONS
Dimensions: 59,5x172,0x128,0 cm
NET weight: 83,9 kg
Weight capacity: 150 kg
Category: F2

IFP1604
$ 375,40

Prone Leg Curl

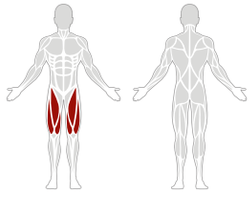


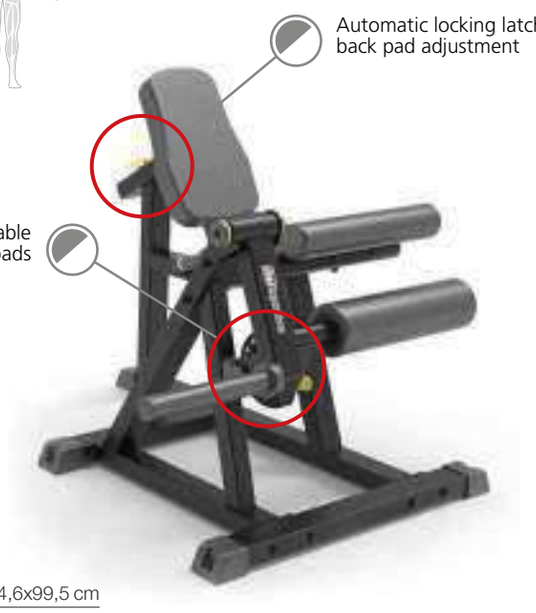


SPECIFICATIONS
Dimensions: 120,2x162,3x79,8 cm
NET weight: 75,5 kg
Weight capacity: 150 kg
Category: F2

IFP1605
$ 349,00

Seated Leg Extension

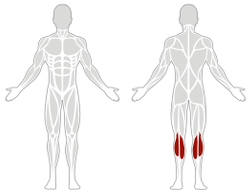




SPECIFICATIONS
Dimensions: 117,3x124,6x99,5 cm
NET weight: 63,4 kg
Weight capacity: 150 kg
Category: F2

IFP1623
$ 205,50

Seated Calf Raise

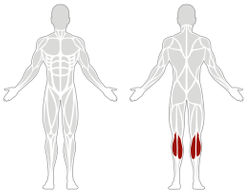




SPECIFICATIONS
Dimensions: 56,6x136,8x84,9 cm
NET weight: 38,5 kg
Weight capacity: 100 kg
Category: F2

IFP1707
$ 571,00

Leverage Squat / Calf

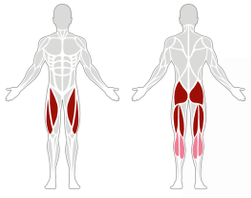




SPECIFICATIONS
Dimensions: 144,5x149,0x155,0 cm
NET weight: 115,5 kg
Weight capacity: 350 kg
Category: F2

IFP1613
$ 558,00

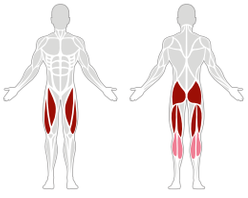
Vertical Leg Press

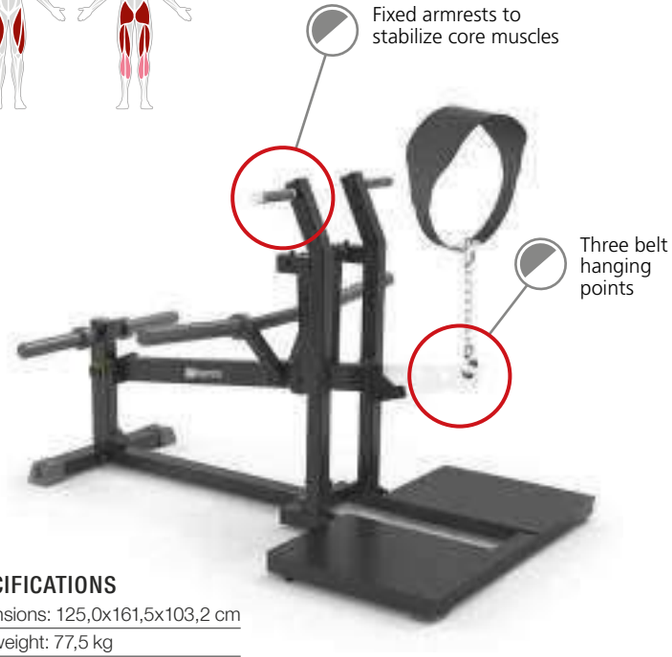


SPECIFICATIONS
Dimensions: 165,5x121,4x171,1 cm
NET weight: 110,4 kg
Weight capacity: 350 kg
Category: F2

IFP1615
$ 395,80

Belt Squat



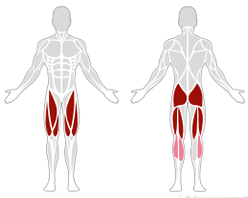


SPECIFICATIONS
Dimensions: 125,0x161,5x103,2 cm
NET weight: 77,5 kg
Weight capacity: 350 kg
Category: F2

Hack Squat

IFP1617

$ 762,00





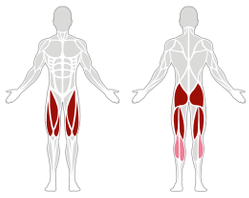
SPECIFICATIONS

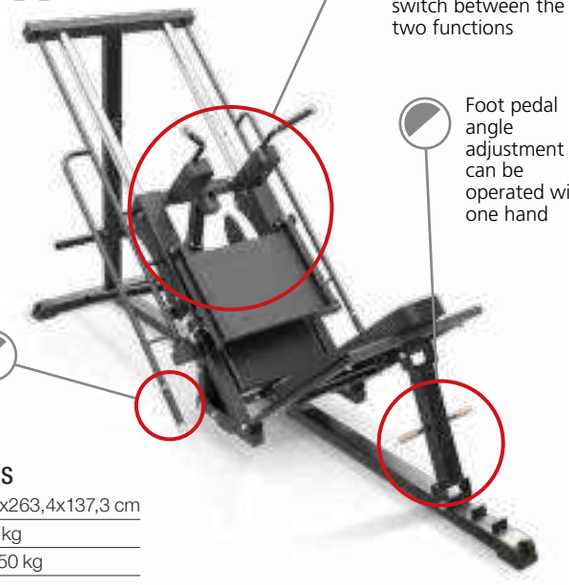
Dimensions: 148,5x198,2x131,8 cm
NET weight: 100,6 kg
Weight capacity: 350 kg
Category: F2

Hack Squat / Leg Press

IFP1711

$ 736,00





SPECIFICATIONS

Dimensions: 102,0x263,4x137,3 cm
NET weight: 150,5 kg
Weight capacity: 350 kg
Category: F2

IZ Line (I-Zone)

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IZ7001	$ 870,00	**Stretching**	165,5 × 168,3 × 236,4	281
	IZ7002	$ 902,00	**Box**	165,5 × 112,6 × 239,0	281
	IZ7003	$ 998,00	**Rebound**	165,5 × 107,2 × 234,0	281
	IZ7004	$ 923,00	**Half Rack**	174,7 × 140,9 × 244,3	281
	IZ7005	$ 2.425,00	**Dap**	182,6 × 75,6 × 236,5	282
	IZ7006	$ 86,00	**Connector**	152,8 × 17,8 × 20,5	282
	IZ7007	$ 345,00	**Stair 2**	285,0 × 111,7 × 20,4	283
	IZ7008	$ 389,00	**Stair 1**	351,0 × 101,0 × 20,5	283
	IZ7009	$ 277,30	**Step Attachment**	75,0 × 65,0 × 28,9	283
	IZ7010	$ 186,90	**Dip Attachment**	94,0 × 62,4 × 28,9	283
	IZ7011	$ 18,40	**“S” Joint**	17,8 × 10,0 × 5,0	282

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IZ7012	$ 43,60	**Pivot**	53,1 × 12,6 × 17,8	283
	IZ7014	$ 374,00	**Stair**	243,5 × 120,7 × 20,5 .	283
	IZ7015	$ 258,00	**Stair**	240,6 × 170,4 × 20,5 .	283
	IZ7017	$ 136,00	**Battle Rope Reel**	65,0 × 65,0 .	283

MS Line (Mega Space)

	MS00	$ 374,00	**Stand - Single Storage**	179,0 × 60,9 × 261,4 .	287
	MS01	$ 736,00	**Half Rack**	137,7 × 126,1 × 261,4 .	287
	MS02	$ 1.120,00	**Power Rack**	137,7 × 230,6 × 261,4 .	287
	MS11	$ 788,90	**LAT Pulldown / Vertical Row**	122,6 × 216,0 × 259,6 .	286
	MS12	$ 503,50	**Functional Cable Pulley**	49,6 × 131,3 × 259,9 .	286
	MS13	$ 426,00	**Jammer Arms**	87,5 × 36,9 × 139,5 .	288
	MS14	$ 188,20	**Belt Squat**	111,2 × 55,0 × 67,7 .	291

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	MS15	$ 480,00	**Endless Rope Trainer**	26,6 × 52,7 × 53,7 .	288
	MS21	$ 94,00	**Rack Connected Bridge**	205,6 × 24,0 × 19,2 .	289
	MS22	$ 120,50	**Rack Connected Bridge**	275,6 × 24,0 × 19,2 .	289
	MS23	$ 162,00	**Bumper Plate Storage Connector Between Rack**	212,0 × 38,5 × 28,6 .	290
	MS24	$ 220,50	**Kettlebell Storage Connector Between Rack**	212,0 × 44,1 × 10,7 .	290
	MS25	$ 98,60	**Ball Storage Connector Between Rack**	212,0 × 38,5 × 10,8 .	290
	MS26	$ 157,80	**Dumbbell Storage Connector Between Rack**	212,0 × 38,5 × 227,0 .	290
	MS27	$ 199,00	**Side Storage**	99,5 × 41,6 × 76,3 .	291
	MS28	* * * * *	**Multi Station Connected Bridge**	14,5 × 300,0 × 7,6 .	289
	MS29	* * * * *	**Central Connected Stand**	261,4 × 16,0 × 16,0 .	289
	MS31		**Platform**	244,6 × 342,1 × 5,0 .	288
	MS32		**Platform**	257,6 × 382,5 × 5,4 .	288

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	MS41	$ 130,00	**Side Storage**	134,0 × 40,0 × 7,7 .	290
	MS43	$ 52,00	**Adjustable Utility Pins**	59,0 .	293
	MS44	$ 36,00	**Barbell-Utility Platform Storage Attachment**	28,0 × 24,0 × 18,0 .	290
	MS45	$ 73,00	**Foam Roller Pads**	55,9 .	293
	MS7041	* * * * *	**Barbell Lifter**	78,1 × 61,8 × 90,5 .	292
	MS7042	* * * * *	**Farmer's Walk Bar**	144,0 × 16,9 × 7,6 .	292
	MS7043	* * * * *	**T-Bar Row Handle**	90,8 × 25,7 × 20,5 .	292
	MS7048	* * * * *	**Power Sled**	104,0 × 70,2 × 92,2 .	292
	HSPCF28	$ 80,00	**Multi Angle Pull Up Handle**	114,3 × 32,4 × 10,9 .	292
	HSPCF29	$ 180,00	**Triphasic Training Arms**	72,1 × 108,1 × 10,5 .	289
	HSPCF42	$ 90,90	**Tricep Dip Attachment**	64,9 × 77,9 × 25,0	292
	HSPCF47	$ 60,90	**Resistant Band Anchor**	30,5 .	293

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	HSPCF49	$ 180,00	**Safety Straps**	115,0 × 5,0 × 1,0 .	291
	HSPCF51	$ 22,30	**Battle Rope Anchor**	7,0 × 15,2 × 18,0 .	293
	HSPCF52	BCHS07500HS	**Landmine Rack Attachment**	12,6 × 53,0 × 24,0 .	291
	HSPCF54	$ 47,20	**J Hook Attachment**	22,4 × 29,6 × 22,4 .	293
	HSPCF59	$ 105,90	**Ball Grip Attachment**	20,7 × 20,9 × 7,6 .	293
	IZCFA12	$ 103,00	**Wall Ball Target**	55,0 × 24,6 × 60,8 .	291
	IZCFA16	$ 86,80	**Heavy Bag Hanger**	96,3 × 76,2 × 6,0 .	289

SE Series (Sterling Elite)

	SE5001	$ 692,00	**Half Rack**	133,8 × 130,1 × 247,6 .	297
	SE5002	$ 945,50	**Power Rack**	133,8 × 196,8 × 247,6 .	297
	SE5011	$ 269,00	**Stand-Single Storage**	184,2 × 56,3 × 246,6 .	297
	SE5012	$ 305,00	**Combo Storage-Single**	184,2 × 103,1 × 246,6 .	297

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	SE5021	$ 128,00	**Rack Connector / Multi-Grip**	190,0 × 22,5 × 23,0 .	298
	SE5022	$ 43,00	**Rack Connector-Thick Straight**	190,0 × 7,6 × 23,0 .	298
	SE5023	$ 116,00	**Bumper Plate Storage Connector**	190,0 × 7,6 × 23,0 .	298
	SE5024	$ 192,00	**Free Storage Connector**	190,0 × 43,2 × 17,1 .	298
	SE5025	$ 65,00	**Ball Storage Connector**	190,0 × 28,0 × 26,0 .	298
	SE5041	$ 22,00	**Band Pegs**	32,5 × 10,1 × 5,0 .	299
	SE5042	$ 87,00	**Reverse J-Hooks**	9,5 × 25,2 × 25,0 .	299
	SE5043	$ 163,00	**Spotter Stands**	40,0 × 23,5 × 44,2 .	298
	HZ7008	$ 20,10	**Battle Rope Attachment**	17,8 × 12,9 × 6,0 .	299
	HZ7009	$ 204,00	**Step Attachment**	66,1 × 77,3 × 33,8 .	299
	HZ7010	$ 109,00	**Dip Attachment**	62,5 × 94,6 × 33,9 .	299
	IZ7012	$ 43,60	**Landmine Rack Attachment**	12,6 × 53,0 × 28,9 .	299

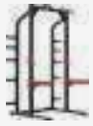
HZ Line (H-Zone)

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	HZ7001	$ 960,00	**Power Rack Station**	173,7 × 172,3 × 255,8 .	305
	HZ7002	$ 540,00	**Hi-Low Pulley Station**	110,6 × 110,9 × 241,3 .	305
	HZ7004	$ 132,00	**Multi-Function Connector**	228,4 × 45,3 × 20,3 .	305
	HZ7006	$ 28,00	**Wall Connector**	86,6 × 20,0 × 7,5 .	305
	HZ7008	$ 20,10	**Battle Rope Attachment**	17,8 × 12,9 × 6,0 .	304
	HZ7009	$ 204,00	**Step Attachment**	66,1 × 77,3 × 33,8 .	304
	HZ7010	$ 109,00	**Dip Attachment**	62,5 × 94,6 × 33,9 .	304
	IZ7012	$ 43,60	**Pivot**	12,6 × 53,0 × 28,9 .	304

SL Line

	SL7001	$ 1.130,00	**Chest Press**	198,0 × 137,5 × 171,8	312
	SL7002	$ 1.132,00	**Pulldown**	140,8 × 165,9 × 197,3	313

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	SL7003	$ 1.120,00	**Shoulder Press**	175,4 × 154,5 × 148,2	313
	SL7004	$ 1.168,00	**Low Row**	152,6 × 176,1 × 165,2	314
	SL7005	$ 1.195,00	**Incline Chest Press**	207,2 × 152,3 × 176,5	312
	SL7006	$ 1.238,00	**Leg Press**	142,1 × 226,6 × 141,5	315
	SL7007	$ 1.094,00	**Row**	145,0 × 181,5 × 133,4	313
	SL7008	$ 958,00	**Rear Kick**	129,9 × 1680 × 163,8	317
	SL7009	$ 1.195,00	**Power Rack**	149,9 × 203,1 × 227,8	308
	SL7009OPT	$ 364,00	**Weight Platre Rack Option**	167,3 × 71,7 × 219,9	308
	SL7010	$ 295,00	**Plate Rack**	62,8 × 90,3 × 123,9	311
	SL7011	$ 295,00	**FID Bench**	63,9 × 150,2 × 114,8	310
	SL7012	$ 355,00	**FI Bench**	63,9 × 154,4 × 99,2	310
	SL7013	$ 548,00	**Glute Ham Bench**	89,9 × 155,9 × 148,2	318

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	SL7014	$ 815,00	**Half Rack**	174,6 × 139,9 × 244,2	309
	SL7015	$ 1.065,00	**Full Rack**	174,6 × 196,6 × 244,2	309
	SL7016	$ 474,50	**Dumbbell Rack**	225,8 × 75,9 × 73,8	311
	SL7017	$ 395,00	**Seated Calf Raise**	75,7 × 147,5 × 84,4	318
	SL7018	$ 456,50	**Arm Curl**	86,0 × 113,6 × 101,6	314
	SL7019	$ 592,00	**Incline Row**	104,8 × 196,3 × 126,2	314
	SL7020	$ 2.182,00	**Reverse Leg Press**	193,3 × 246,1 × 153,4	315
	SL7021	$ 1.718,00	**Hack Squat**	188,0 × 220,6 × 128,6	315
	SL7022	$ 177,00	**Utility Bench**	63,1 × 119,0 × 82,2	311
	SL7023	$ 885,00	**Bicep Curl**	104,5 × 149,4 × 119,9	314
	SL7024	$ 1.155,00	**Tricep Dip**	157,8 × 173,1 × 120,4	313
	SL7025	$ 1.030,00	**Leg Extension**	169,0 × 134,5 × 103,7	315

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	SL7026	$ 1.058,00	**Leg Curl**	130,0 × 152,7 × 140,6	316
	SL7027	*****	**Barbell Rack**	95,0 × 91,0 × 161,2	311
	SL7028	$ 647,00	**Flat Bench**	173,8 × 191,0 × 131,5	312
	SL7029	$ 776,00	**Incline Bench**	171,8 × 205,9 × 149,6	319
	SL7030	$ 695,00	**Decline Bench**	171,8 × 237,0 × 131,5	319
	SL7031	$ 988,00	**Shoulder Bench Press**	171,9 × 126,1 × 192,0	320
	SL7032	$ 1.005,00	**Standing Calf Raise**	160,5 × 148,5 × 181,3	318
	SL7034	$ 1.385,00	**Squat**	155,5 × 230,2 × 126,6	317
	SL7035	$ 191,00	**Flat Bench**	63,0 × 128,1 × 42,6	310
	SL7036	$ 1.058,00	**Abdominal**	134,4 × 126,7 × 164,2	320
	SL7038	$ 755,00	**Total Hip**	160,8 × 161,8 × 110,6	316
	SL7039	*****	**Standing Press**	217,1 × 200,0 ×213,5 cm	312

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	SL7040	$ 760,00	**Squat Lunge**	169,4 × 166,8 × 63,6	316
	SL7041	$ 1.141,00	**Super Olympic Bench**	241,0 × 174,3 × 162,2	319
	SL7042	$ 2.460,00	**Magic Rack / Smith Machine**	227,4 × 231,4 × 238,6	308
	SL7043	$ 415,00	**Multi AB Bench**	63,0 × 172,2 × 91,2	310
	SL7045	$ 455,00	**Vertical Knees Raise / Dip Stand**	76,5 × 118,9 × 153,7	320
	SL7045OPT	$ 175,00	**Chin-up and Dip**	113,0 × 118,9 × 238,7	320
	SL7046	$ 1.340,00	**Iso-Lateral Super Chest Press**	217,1 × 249,2 × 113,2	312
	SL7047	$ 419,50	**Multi Hyper Extension**	94,7 × 134,0 × 87,2	312
	SL7051	$ 650,00	**Assisted Nordic Ham**	164,8 × 132,3 × 168,4	317
	SL7055	$ 1.025,00	**Belt Squat**	197,2 × 151,1 × 113,7	316
	SL7057	$ 1.050,00	**Pendulum Squat**	225,2 × 131,4 × 167,5	317

ECP Line

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	ECP101	$ 1.370,00	**Shoulder Press**	163,8 × 151,5 × 145,5	324
	ECP103	*****	**Pulldown**	168,0 × 110,5 × 173,9	324
	ECP201	$ 1.695,00	**Chest Press**	180,0 × 175,0 × 180,0	324
	ECP301	$ 1.205,00	**Pulldown**	174,5 × 164,5 × 193,2	325
	ECP302	$ 1.225,00	**Seated Row**	160,0 × 180,0 ×1110,0	325
	ECP306	*****	**Pullover**	162,0 × 135,5 × 145,6	325
	ECP401	*****	**Abdominal**	168,5 × 109,5 × 172,1	327
	ECP501	*****	**Seated Biceps**	135,5 × 108,8 × 97,0	325
	ECP504	*****	**French Press**	191,5 × 169,9 × 138,6	324
	ECP604	*****	**Prone Leg Curl**	175,1 × 160,7 × 78,8	327
	ECP605	*****	**Seated Leg Extension**	172,7 × 131,4 × 110,0	326

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	ECP617	$ 1.965,00	**Hack Squat**	218,5 × 129,0 × 141,6	326
	ECP625	*****	**Kneel Glute Kickback**	175,1 × 160,7 × 78,8	326
	ECP713	$ 1.990,00	**Squat**	230,0 × 112,0 × 117,0	326
	ECP721	*****	**Smith**	224,2 × 136,8 × 223,2	327

FE Line (EXOFORM)

	FE9701	$ 1.799,00	**Chest Press**	156,5 × 122,9 × 149,0	330
	FE9702	$ 1.725,00	**Lat Pulldown**	130,4 × 122,6 × 210,9	331
	FE9703	$ 1.786,00	**Arm Curl**	156,7 × 114,9 × 149,0	332
	FE9704	*****	**Pectoral**	119,7 × 155,1 × 148,9	330
	FE9705	$ 1.712,00	**Leg Extension**	124,0 × 149,2 × 149,0	333
	FE9706	$ 1.901,00	**Seated Leg Curl**	124,0 × 154,1 × 148,8	334
	FE9708	$ 1.685,00	**Abductor-Adductor**	151,4 × 172,7 × 148,8	333

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	FE9710	$ 2.525,00	**Leg Press**	134,8 × 178,6 × 148,9	334
	FE9712	$ 1.725,00	**Shoulder Press**	142,2 × 176,5 × 149,0	330
	FE9714	$ 1.406,50	**Abdominal**	120,2 × 138,3 × 149,1	332
	FE9715	$ 1.785,00	**Pec Fly / Rear Delt**	172,1 × 134,0 × 149,0	330
	FE9716	$ 1.685,00	**Calf Raise**	118,7 × 123,0 × 174,5	334
	FE9718	*****	**Torso Rotation**	119,0 × 114,9 × 150,6	333
	FE9719	$ 1.822,00	**Row**	112,7 × 199,6 × 149,2	332
	FE9720	$ 1.986,00	**Weight Assisted Chin / Dip Combo**	175,0 × 138,0 × 219,8	331
	FE9721	$ 1.551,00	**Prone Leg Curl**	119,3 × 170,5 × 149,2	334
	FE9723	$ 1.722,00	**Tricep**	158,0 × 114,9 × 149,0	331
	FE9724	*****	**Lateral Raise**	126,6 × 126,1 × 149,1	331
	FE9726	$ 1.578,00	**Glute**	130,7 × 155,8 × 148,8	333

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	FE9732	$ 1.643,00	**Back Extension**	122,3 × 138,3 × 148,9	332
	FE97WS200	$ 259,00	**Weight Stack**	——	335
	FE97WS235	$ 292,50	**Weight Stack**	——	335
	FE97WS295	$ 366,00	**Weight Stack**	——	335

IT95 Line

	IT9501	$ 1.240,00	**Chest Press**	147,5 × 119,1 × 150,6	339
	IT9502	$ 1.258,00	**Lat Pull**	138,0 × 143,4 × 188,9	342
	IT9503	$ 1.064,00	**Arm Curl**	120,8 × 122,5 × 150,7	342
	IT9504	$ 1.365,00	**Pectoral**	144,9 × 136,1 × 150,7	340
	IT9505	$ 1.174,00	**Leg Extension**	118,5 × 122,0 × 150,6	346
	IT9506	$ 1.300,00	**Seated Leg Curl**	118,6 × 153,6 × 150,6	346
	IT9508	$ 1.190,00	**Abductor and Adductor**	89,7 × 155,3 × 150,6	344

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IT9509	*****	**Total Hip**	129,2 × 97,2 × 150,6	346
	IT9510	$ 1.865,00	**Leg Press**	113,7 × 185,0 × 150,6	345
	IT9512	$ 1.249,00	**Shoulder Press**	144,3 × 156,0 × 151,0	342
	IT9514	$ 1.048,00	**AB Machine**	114,8 × 134,6 × 158,1	343
	IT9515	$ 1.173,00	**Pec Fly / Rear Delt**	127,5 × 127,1 × 204,8	340
	IT9516	$ 1.080,00	**Calf Raise**	115,6 × 128,7 × 173,9	346
	IT9517	$ 1.342,00	**Dip Press**	123,3 × 169,4 × 150,6	340
	IT9518	$ 1.128,00	**Torso Rotation**	119,0 × 114,9 × 150,6	343
	IT9519	$ 1.266,00	**Row**	126,4 × 161,6 × 150,6	342
	IT9520	$ 1.355,00	**Weight Assisted Chin / Dip Combo**	157,3 × 131,5 × 228,6	341
	IT9521	$ 1.096,00	**Prone Leg Curl**	114,5 × 145,8 × 150,6	344
	IT9522	$ 1.167,00	**Lat Pulldown / Vertical Row**	122,3 × 189,7 × 222,8	341

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IT9524	$ 1.056,00	**Lateral Raise**	121,3 × 122,2 × 150,6	343
	IT9525	$ 1.190,00	**Adjustable Hi/Lo Pulley**	146,3 × 126,2 × 235,8	339
	IT9526	$ 1.188,00	**Glute**	121,7 × 161,5 × 150,6	344
	IT9527	$ 2.635,00	**4 Stack Multi-Station**	221,4 × 348,9 × 238,2	339
	IT9527OPT	$ 236,00	**Cable Crossover Traditional**	282,4 × 47,7 × 22,1	338
	IT9528	$ 1.422,00	**Leg Extension / Leg Curl**	123,0 × 137,5 × 150,6	345
	IT9529	$ 1.422,00	**Multi Press**	143,7 × 182,7 × 166,9	341
	IT9530	$ 1.802,00	**Dual Adjustable Pulley**	162,0 × 137,0 × 227,0	339
	IT9532	$ 1.055,00	**Back Extension**	118,8 × 123,3 × 150,6	344
	IT9533	$ 1.245,00	**Bicep/Tricep**	122,5 × 130,0 × 150,6	341
	IT9534	$ 1.270,00	**Abdominal / Back Extension**	118,9 × 119,6 × 150,6	343
	IT9537	$ 1.275,00	**Standing Multi Flight Machine**	145,5 × 90,6 × 186,3	340

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IT9538	$ 875,00	**Hip Thrust**	156,3 × 129,0 × 150,6	345
	IT9539	$ 1.516,00	**Seated Leg Press Hack Squat**	185,7 × 109,0 × 150,6	345
	IT95WS160	$ 235,00	**Weight Stack**	——	338
	IT95WS200	$ 294,00	**Weight Stack**	——	338
	IT95WS235	$ 348,00	**Weight Stack**	——	338
	IT95WS295	$ 437,00	**Weight Stack**	——	338

IF93 Line

	IF9301	$ 822,00	**Chest Press**	136,0 × 118,8 × 153,0	351
	IF9302	$ 802,00	**Lat Pulldown**	131,8 × 158,3 × 189,1	354
	IF9303	$ 701,00	**Arm Curl**	102,8 × 121,6 × 153,0	353
	IF9304	$ 872,00	**Pectoral**	173,6 × 80,6 × 153,0	351
	IF9305	$ 810,00	**Leg Extension**	104,8 × 114,6 × 153,0	356

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IF9306	$ 912,10	**Seated Leg Curl**	103,4 × 144,8 × 153,0	356
	IF9308	$ 988,50	**Adbuctor / Adductor**	93,5 × 157,0 × 153,0 .	356
	IF9310	$ 920,00	**Leg Press**	116,8 × 205,5 × 153,0	357
	IF9312	$ 810,00	**Shoulder Press**	145,6 × 145,0 × 153,0	353
	IF9314	$ 735,00	**Abdominal**	100,8 × 108,5 × 153,0	355
	IF9315	$ 872,00	**Pectoral**	149,3 × 142,1 × 186,3	352
	IF9316	$ 791,00	**Calf Raise**	110,5 × 115,0 × 177,5	356
	IF9317	$ 814,20	**Seated Dip**	121,2 × 122,7 × 153,0	353
	IF9318	$ 828,00	**Torso Rotation**	124,0 × 110,3 × 153,0	354
	IF9319	$ 791,50	**Vertical Row**	85,8 × 180,4 × 153,0	354
	IF9320	$ 855,80	**Weight Assisted Chin / Dip Combo**	130,9 × 125,6 × 249,8	352
	IF9321	$ 805,50	**Prone Leg Curl**	114,6 × 150,7 × 153,0	357

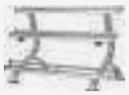
	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IF9322	$ 934,00	**Lat Pulldown**	122,3 × 188,6 × 222,7	354
	IF9324	$ 730,00	**Lateral Raise**	75,0 × 119,7 × 153,0	352
	IF9325	$ 602,00	**Adjustable Hi/Lo Pulley**	144,9 × 125,8 × 233,8	351
	IF9326	$ 727,00	**Kick Back**	106,8 × 103,4 × 153,0	355
	IF9327	$ 1.635,00	**4 Stack Multi-Station**	244,5 × 342,7 × 233,8	351
	IF9327OPT	$ 110,70	**Cable CrossoverTraditional**	250,5 × 44,1 × 19,8	350
	IF9328	$ 1.110,00	**Leg Extension / Leg Curl**	127,0 × 127,2 × 153,0 .	357
	IF9329	$ 1.090,00	**Multi-Press**	144,6 × 202,6 × 153,0 .	352
	IF9330	$ 1.230,00	**Dual Adjustable Pulley**	163,9 × 88,2 × 227,0.	350
	IF9332	$ 794,00	**Back Extension**	103,4 × 112,0 × 153,0	355
	IF9333	$ 924,00	**Bicep Curl / Tricep Extension**	120,3 × 132,7 × 153,0 .	353
	IF9334	* * * * *	**Ab / Back**	159,2 × 125,3 × 153,1	355

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IF9335	$ 839,00	**Abductor**	94,6 × 158,3 × 153,0	355
	IF9336	$ 840,00	**Adductor**	118,5 × 158,3 × 153,0	357
	IF93WS160	$ 215,20	**Weight Stack**	——	350
	IF93WS200	$ 264,00	**Weight Stack**	——	350
	IF93WS235	$ 312,00	**Weight Stack**	——	350
	IF93WS295	$ 399,00	**Weight Stack**	——	350

IT70 Line

	IT7001	$ 1.493,00	**Smith**	224,1 × 132,6 × 237,0	364
	IT7002	$ 244,00	**Seated Preacher Curl**	80,0 × 95,3 × 88,2	361
	IT7003	$ 418,00	**AB Bench**	93,5 × 174,8 × 106,3	362
	IT7004	$ 242,50	**Stretch**	55,2 × 127,4 × 99,7	363
	IT7005	$ 305,20	**Seated Calf Raise**	75,1 × 135,5 × 83,9	363

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IT7006	$ 1.194,00	**Leg Press / Hack Squat**	97,5 × 218,1 × 149,3	363
	IT7007	$ 328,00	**Multi Hyperextension**	74,9 × 131,2 × 102,5	362
	IT7009	$ 201,20	**Flat Bench**	74,9 × 120,0 × 42,6	364
	IT7010	$ 346,00	**Vertical Knee Raise / Dip Stand**	78,1 × 113,1 × 151,5	361
	IT7010EOPT	$ 174,00	**Chin-Up Accessory**	70,0 × 93,2 × 235,1	361
	IT7011	$ 290,00	**Multi-Adjustable Bench**	75,1 × 121,7 × 105,9	364
	IT7012	$ 455,00	**Dumbbell Rack**	158,0 × 81,4 × 98,2	365
	IT7013	$ 358,70	**Multi AB Bench**	74,9 × 172,2 × 89,8	362
	IT7014	$ 508,00	**Flat Bench**	165,8 × 165,7 × 137,3	360
	IT7015	$ 672,00	**Incline Bench**	165,8 × 168,2 × 137,3	360
	IT7016	$ 595,00	**Decline Bench**	165,8 × 212,0 × 137,3	360
	IT7017	$ 216,00	**Weight Plate Tree**	60,6 × 93,8 × 120,9	365

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IT7018	$ 343,00	**Dumbbell Rack**	158,0 × 81,4 × 93,8	365
	IT7019	$ 499,00	**Incline Row**	100,9 × 196,2 × 126,2	360
	IT7020	$ 1.110,00	**45 Leg Press**	101,6 × 220,5 × 149,4	363
	IT7027	$ 423,50	**Barbell Rack**	91,9 × 94,9 × 161,2	365
	IT7030	$ 236,00	**Abdominal Bench**	72,6 × 98,5 × 62,5 .	362
	IT7031	$ 514,00	**Shoulder Bench Press**	134,9 × 112,6 × 165,1 .	361
	IT7032	$ 270,00	**Olympic Bar Rack**	96,0 × 71,0 × 108,6	365
	IT7033	$ 1.800,00	**Max Rack**	211,7 × 148,8 × 218,6	364

Encore Line

	ECE5	$ 1.370,00	**ECE5**	81,2 × 184,9 × 178,0	373
	ECR7	$ 1.092,00	**ECR7**	64,2 × 167,1 × 131,9	372
	ECT7	$ 1.855,00	**ECT7**	94,0 × 205,1 × 145,9	373

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	ECU7	$ 915,00	**ECU7**	62,8 × 113,2 × 147,2	372
	ES2000OPT1	$ 21,90	**Pivot**	50,0 × 15,0 × 18,0	371
	ES2000OPT2	$ 56,00	**Pull Down Bar + Roller**	126,5 × 25,5 × 13,0	371
	ES2100	$ 1.834,00	**ES2100**	192,5 × 144,7 × 218,0	369
	ES3000	$ 3.185,00	**ES3000**	364,2 × 292,9 × 217,7	368
	ES3000OPT	$ 321,00	**HiLo Pulley Attachment**	37,6 × 81,9 × 214,5	371
	ES7011	$ 273,40	**Bench**	52,5 × 144,0 × 49,0	371
	ES9030	$ 1.520,00	**ES9030**	173,4 × 112,3 × 215,0	370

PL Line

	PL9002	$ 760,00	**Lat Pulldown / Seated Row**	102,0 × 176,5 × 218,2	376
	PL9010	$ 915,00	**Leg Press / Calf Raise**	114,7 × 216,5 × 152,0	376
	PL9016	$ 821,00	**Inner / Outer Thigh**	173,9 × 160,9 × 152,0	377

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	PL9019	$ 943,00	**Leg Extension / Leg Curl**	124,5 × 146,5 × 152,0	377
	PL9021	$ 863,00	**Multi Press**	132,4 × 193,2 × 152,0	376
	PL9022	$ 865,00	**Rear Deltoid / Pectoral Fly**	129,9 × 136,5 × 206,1	376
	PL2023	* * * * *	**Biceps / Triceps**	116,4 × 120,7 × 151,3	377
	PL9024	$ 776,00	**Ab / Low Back**	109,9 × 104,4 × 152,0	377
	PLWS170	$ 235,50	**Weight Stack**	——	377
	PLWS250	$ 348,00	**Weight Stack**	——	377

IFP Line

	IFP1101	$ 421,50	**Seated Shoulder Press**	157,9 × 152,0 × 106,9 .	380
	IFP1103	$ 316,50	**Standing Lateral Raise**	116,5 × 88,5 × 155,0 .	380
	IFP1201	$ 365,00	**Seated Chest Press**	127,6 × 98,4 × 124,8 .	380
	IFP1206	$ 376,20	**Standing Chest Fly**	131,0 × 151,5 × 149,1 .	380

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IFP1301	$ 477,80	**Lat Pulldown** Όργανο Έλξεων Πλάτης	70,8 × 109,2 × 128,7 .	381
	IFP1302	$ 415,00	**Seated Row**	102,0 × 147,0 × 134,0 .	381
	IFP1305	$ 279,50	**T-Bar Row** Όρθια Κωπηλατική	207,9 × 90,8 × 63,5 .	382
	IFP1501	$ 366,90	**Bicep Curl** Όργανο Κάμψεων Δικεφάλων	130,2 × 70,7 × 98,8 .	381
	IFP1604	$ 375,40	**Prone Leg Curl**	120,2 × 162,3 × 79,8 .	383
	IFP1605	$ 349,00	**Seated Leg Extension**	117,3 × 124,6 × 99,5 .	383
	IFP1613	$ 558,00	**Vertical Leg Press**	165,5 × 121,4 × 171,1 .	384
	IFP1615	$ 395,80	**Belt Squat**	125,0 × 161,5 × 103,2 .	384
	IFP1616	$ 382,00	**Vertical Hip Thrust**	122,0 × 109,8 × 116,5 .	382
	IFP1617	$ 762,00	**Hack Squat**	148,5 × 198,2 × 131,8 .	385
	IFP1619	$ 345,00	**Reverse Hyperextension**	79,7 × 131,0 × 115,3 .	383
	IFP1622	$ 439,00	**Standing Hip Abductor**	59,5 × 172,0 × 128,0 .	383

	CODE	PRICE	NAME	DIMENSIONS (cm)	PAGE
	IFP1623	$ 205,50	**Seated Calf Raise**	56,6 × 136,8 × 84,9 .	384
	IFP1706	$ 301,00	**Biceps / Triceps**	70,8 × 109,2 × 128,7 .	381
	IFP1707	$ 571,00	**Leverage Squat / Calf**	144,5 × 149,0 × 155,0 .	384
	IFP1711	$ 736,00	**Hack Squat / Leg Press**	102,0 × 263,4 × 137,3 .	385
	IFP1721	$ 725,00	**Half Cage / Smith Machine**	185,0 × 140,4 × 234,3 .	382
	IFP1721OPT	$ 340,00	**Lat Pulldown Seated Row Attachment**	123,1 × 145,1 × 230,7 .	382